	Physiotherapy + traction			Physiotherap + sham traction			Std. Mean Difference		Std. Mean Difference	Risk of Bias
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV, Random, 95% CI	ABCDEFG
3.2.2 4 weeks										
Fritz 2014	9.1	9.4	30	11	5.6	14	26.7%	-0.22 [-0.86, 0.41]		
Fritz 2014	9.6	9.5	27	11	5.6	14	25.8%	-0.16 [-0.81, 0.48]		
Young 2009	12.1	9	39	10.9	7.8	30	47.5%	0.14 [-0.34, 0.62]		
Subtotal (95% CI)			96			58	100.0%	-0.04 [-0.36, 0.29]	*	
Heterogeneity: Tau2 =	= 0.00; Chi ² =	1.00, df	= 2 (P =	0.61); $I^2 = 0\%$						
Test for overall effect	Z = 0.21 (P = 0.21)	= 0.83)								
Total (95% CI)			96			58	100.0%	-0.04 [-0.36, 0.29]		
Heterogeneity: Tau ² =	= 0.00; Chi ² =	1.00, df	= 2 (P =	0.61); $I^2 = 0\%$				-	1 1 1 1	
Test for overall effect: $Z = 0.21$ (P = 0.83)									-1 -0.5 0 0.5 1 Favours + traction Favours PhysTher	/Ev /sham
T C	£								Tavours + traction Favours Filystilet/	LA/ SIIAIII

Test for overall effect: Z = 0.21 (P = 0.83) Test for subgroup differences: Not applicable

- Test for subgroup differences: Not applicable
 Risk of bias legend
 (A) Random sequence generation (selection bias)
 (B) Allocation concealment (selection bias)
 (C) Blinding of participants and personnel (performance bias)
 (D) Blinding of outcome assessment (detection bias)
 (E) Incomplete outcome data (attrition bias)
 (F) Selective reporting (reporting bias)
 (G) Other bias