

Citation	PICO	1. Was an 'a priori' design provided?	2. Was there duplicate study selection and data extraction?	3. Was a comprehensive literature search performed?	4. Was the status of publication (i.e. grey literature) used as an inclusion criterion?	5. Was a list of studies (included and excluded) provided?	6. Were the characteristics of the included studies provided?	7. Was the scientific quality of the included studies assessed and documented?	8. Was the scientific quality of the studies used appropriately in formulating	9. Were the methods used to combine the findings of studies appropriate?	10. Was the likelihood of publication bias assessed?	11. Was the conflict of interest included?
Roshanaei Moghaddam 2011	PICO 1	No	Can't answer	Yes	No	No	No					
Cuijpeers 2014	PICO 2		No	Yes	No	No	Yes					
Olthuis 2016	PICO 3		Yes	Yes	Yes	Yes	Yes					
Patterson 2016	PICO 4		Yes	Yes	Yes	Yes	Yes					
Hacker 2016	PICO 5a		No	Yes	No	No	Yes					
Phillip 2019	PICO 5b		Yes	Yes	Yes	Yes	Yes					
Sakiris 2019	PICO5c		No	Yes	No	No	Yes					
April Slee 2019	PICO 6	Yes	No	Yes	Yes	Yes	No	Yes	Yes	Yes	No	No
Kim 2018	PICO 7	Can't answer	No	Yes	No	No	Yes	Yes	No	Yes	Yes	Yes
Cramer 2017	PICO 7	Can't answer	yes	Yes	No	Yes	Yes	Yes	Yes	Yes	No	No
Joyce 2015	PICO 7	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	N/A	N/A	Yes
Strauss 2014	PICO 8	No	Can't answer	Yes	Yes	No	Yes	Yes	No	Yes	Yes	No

Reviews, der kun er brugt i forhold til at høste referencer og dato for opdateret søgning, vurderes kun AMSTAR punkt 2-6

N/A: Not applicable