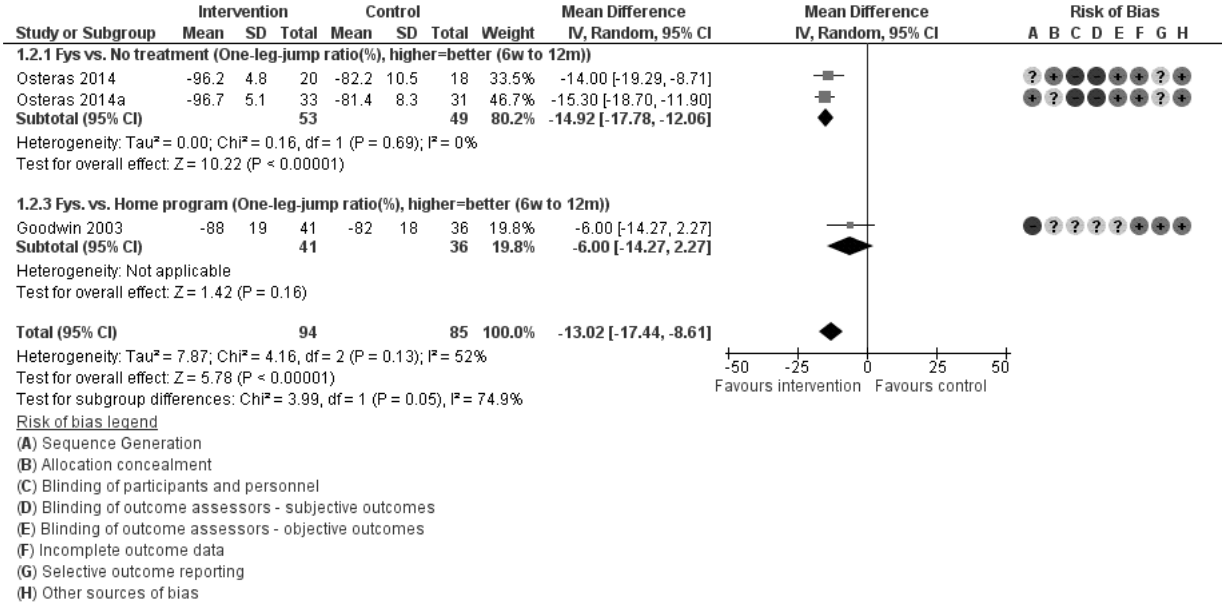
Figures

Figure 2 (Analysis 1.2)



Forest plot of comparison: 1 Supervised exercise vs instruction, outcome: 1.2 Function.