NKR46 pico 3: change in treament or intensity for anorexia

Review information

Authors

Danish Health Authority[1]

[1][Empty affiliation]

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Characteristics of studies

Characteristics of included studies

Lock 2015

Methods	**Study design:** Randomized controlled trial **Study grouping:** Parallel group **Open Label:** **Cluster RCT:**
Participants	**Baseline Characteristics** Intervention ● *Age, years (SD)*: 14.6 (1.7) ● *Gender, male (%)*: 8.6% ● *%IBW (percent ideal body weight)*: 82.4 ● *Duration of illness, months (SD)*: 12.6 (19.4) ● *Comorbidity (%)*: 51.4% Control ● *Age, years (SD)*: 14.3 (1.5) ● *Gender, male (%)*: 10 % ● *%IBW (percent ideal body weight)*: 82.8 ● *Duration of illness, months (SD)*: 4.6 (1.3) ● *Comorbidity (%)*: 30% **Included criteria:** 12-18 years, living with their families, met DSM-IV criteria for AN except for the amenorrhea requirement, medically stable **Excluded criteria:** Physical or psychiatric illness requiring hospitalization, drug or alcohol dependence, physical conditions known to

	influence eating or weight, psychotropic medication not on a stable dose for at least 8 weeks. **Pretreatment:** Longer duration of illness in intervention group. Randomization with a ratio 1:3.5, leading to N=10 in control and N=35 in intervention group.
Interventions	**Intervention Characteristics** Intervention ● *Description*: Intensive Parental Coaching: if weight gain < 2.3 kg at week 4, then three sessions were added to FBT: a family sssiion, a parent session and an additional meal session. ● *Duration*: 6 months ● *Number of sessions*: 18 Control ● *Description*: FBT as usual ● *Duration*: 6 months ● *Number of sessions*: 15
Outcomes	*Adfærdssymptomer (restriktiv spisning, tvangsmotion, binge, purge), EOT* ● **Outcome type**: ContinuousOutcome *Adfærdssymptomer (restriktiv spisning, tvangsmotion, binge, purge) LFU* ● **Outcome type**: ContinuousOutcome *Andel af sund kropsvægt/BMI, EOT* ● **Outcome type**: ContinuousOutcome *Andel af sund kropsvægt/BMI, LFU* ● **Outcome type**: ContinuousOutcome *Psykologiske spiseforstyrrelsessymptomer , EOT* ● **Outcome type**: ContinuousOutcome *Psykologiske spiseforstyrrelsessymptomer, LFU* ● **Outcome type**: ContinuousOutcome *Recovery rate, LFU* ● **Outcome type**: DichotomousOutcome *Dropout, EOT* ● **Outcome type**: DichotomousOutcome *Livskvalitet, LFU* ● **Outcome type**: ContinuousOutcome *Indlæggelser*

	● **Outcome type**: DichotomousOutcome
Identification	**Sponsorship source:** Funding for the study was provided by NIMH to Dr. Lock (PI) R34-MH09349303, Dr. Le Grange (PI) R34-MH093768, and Dr. Agras, (co-PI), R34-MH09349303. **Country:** USA **Setting:** Multi-site, outpatient **Comments:** Note that our project was mainly intended to provide the feasibility information and was not properly powered for formal group comparisons. **Authors name:** James Lock **Institution:** Department of Psychiatry and Behavioral Sciences, University School of Medicine **Email:** jimlock@stanford.edu **Address:** 401 Quarry Road, Standford, CA 94305, USA
Notes	

Risk of bias table

Bias	Authors' judgement	Support for judgement
Allocation concealment	Unclear risk	Judgement Comment: no specific information
Blinding of participants and personnel	High risk	Judgement Comment: blinding not possible
Incomplete outcome data	Low risk	Judgement Comment: samme attrition rate i intervention og kontrol, og mindre forskel mellem intervention plus og intervention minus de ekstra sessioner.
Blinding of outcome assessors	Low risk	Quote: "Independent trained assessors conducted assessments blind to participant randomization."
Sequence Generation	Unclear risk	Judgement Comment: no specific information
Selective outcome reporting	Low risk	
Other sources of bias	High risk	Judgement Comment: Ulige størrelse af intervention og kontrol, meget lille kontrolgruppe.

Footnotes

Characteristics of excluded studies

Carter 2011

Reason for exclusion	Wrong intervention

Carter 2015

Reason for exclusion	Wrong study design

Couturier 2013

Reason for exclusion	Wrong study design

Dalle 2013

Reason for exclusion	Wrong study design

Darcy 2013

Reason for exclusion	Wrong study design

Fairburn 2009

Reason for exclusion	Wrong patient population

Fairfax 2008

Reason for exclusion	no study(abstract/comment/discussion)

Focker 2013

Reason for exclusion	no study(abstract/comment/discussion)

GalsworthyFrancis 2014

Reason for exclusion	Wrong study design

Geller 2011

Reason for exclusion	Wrong intervention

Ghaderi 2007

Reason for exclusion	no study(abstract/comment/discussion)

Gilbert 2008

Reason for exclusion	Wrong study design

Gnanavel 2014

Reason for exclusion	no study(abstract/comment/discussion)

Goldstein 2011

Reason for exclusion	Wrong study design

Gowers 2007

Reason for exclusion	Wrong intervention

Gowers 2010

Reason for exclusion	Wrong intervention

Grave 2010

Reason for exclusion	Wrong study design

Guarda 2008

Reason for exclusion	no study(abstract/comment/discussion)

Harrington 2015

Reason for exclusion	no study(abstract/comment/discussion)

Herpertz Dahlmann 2013

Reason for exclusion	no study(abstract/comment/discussion)

Herpertz Dahlmann 2014

Reason for exclusion	Wrong intervention

Herpertz Dahlmann 2015

Reason for exclusion	no study(abstract/comment/discussion)

Keel 2008

Reason for exclusion	Wrong intervention

Kong 2005

Reason for exclusion	Wrong intervention

LeGrange 2014

Reason for exclusion	Wrong study design

Lock 2006

Reason for exclusion	Wrong study design

Lock 2007

Reason for exclusion	Wrong study design

Lose 2014

Reason for exclusion	Wrong study design

Madden 2015

Reason for exclusion	Wrong intervention

Marco 2013

Reason for exclusion	Wrong intervention

McIntosh 2005

Reason for exclusion	Wrong intervention

Mitchell 2005

Reason for exclusion	Wrong study design

Naab 2012

Reason for exclusion	Wrong study design

Nicholls 2013

Reason for exclusion	no study(abstract/comment/discussion)

Nunes 2009

Reason for exclusion	no study(abstract/comment/discussion)

Rhodes 2005

Reason for exclusion	Wrong study design

Schaffner 2008

Reason for exclusion	Wrong intervention

Schmidt 2013

Reason for exclusion	no study(abstract/comment/discussion)

Schmidt 2015

Reason for exclusion	Wrong intervention

Stein 2011

Reason for exclusion	Wrong study design

Stiles Shields 2013

Reason for exclusion	Wrong intervention

Suarez Pinilla 2015

Reason for exclusion	Wrong intervention

Tasca 2012

Reason for exclusion	Wrong study design

Utzinger 2014

Reason for exclusion	Wrong study design

Wade 2009

Reason for exclusion	Wrong intervention

Waterman Collins 2014

Reason for exclusion	Wrong intervention

Zainal 2016

Reason for exclusion	Wrong study design

Zipfel 2014

Reason for exclusion	Wrong intervention

Footnotes

References to studies

Included studies

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Data and analyses

1 Intervention vs Control

Outcome or Subgroup	Studies	Participants	Statistical Method	Effect Estimate
1.1 Adfærdssymptomer (restriktiv spisning, tvangsmotion, binge, purge), EOT	0	0	Mean Difference (IV, Fixed, 95% CI)	Not estimable
1.2 Adfærdssymptomer (restriktiv spisning, tvangsmotion, binge, purge) LFU	0	0	Mean Difference (IV, Fixed, 95% CI)	Not estimable
1.3 Andel af sund kropsvægt/BMI, EOT	0	0	Mean Difference (IV, Fixed, 95% CI)	Not estimable
1.4 Andel af sund kropsvægt/BMI, LFU	0	0	Mean Difference (IV, Fixed, 95% CI)	Not estimable
1.5 Psykologiske spiseforstyrrelsessymptomer , EOT	0	0	Mean Difference (IV, Fixed, 95% CI)	Not estimable
1.6 Psykologiske spiseforstyrrelsessymptomer, LFU	0	0	Mean Difference (IV, Fixed, 95% CI)	Not estimable
1.7 Livskvalitet, LFU	0	0	Mean Difference (IV, Fixed, 95% CI)	Not estimable
1.8 Recovery rate, LFU	0		Risk Ratio (IV, Fixed, 95% CI)	No totals
1.9 Dropout, EOT	0		Risk Ratio (IV, Fixed, 95% CI)	No totals
1.10 Indlæggelser	0		Risk Ratio (IV, Fixed, 95% CI)	No totals

Figures