

## Søgeprotokol for Nationale Kliniske Retningslinjer - Sekundærlitteratur

<b>Projekttitel/aspekt</b>	<b>NKR for behandling af angst hos børn og unge</b>
<b>Fagkonsulent /projektleder</b>	Kristian Arendt / Rasmus Trap Wolf
<b>Søgespecialist</b>	Helene Sognstrup
<b>Senest opdateret</b>	04.07.2016

<b>Fokuserede spørgsmål</b>	<p><b>PICO 1:</b> Bør man bruge psykoterapeutiske behandlingsprogrammer til børn og unge med socialfobi, separationsangst eller generaliseret angst?</p> <p><b>PICO 2:</b> Bør man bruge kognitiv adfærdsterapi frem for andre former for psykoterapeutisk behandling af børn og unge med socialfobi, separationsangst eller generaliseret angst?</p> <p><b>PICO 3:</b> Bør man bruge psykoterapi frem for antidepressiva (SSRI/SNRI) til behandling af børn og unge med socialfobi, separationsangst eller generaliseret angst?</p> <p><b>PICO 4:</b> Bør man bruge en kombination af psykoterapi og antidepressiva (SSRI/SNRI) frem for psykoterapi alene til behandling af børn og unge med socialfobi, separationsangst eller generaliseret angst?</p> <p><b>PICO 5:</b> Bør man bruge psykoterapeutiske behandlingsprogrammer specifikt rettet mod socialfobi frem for generiske behandlingsprogrammer rettet mod flere typer af angst?</p> <p><b>PICO 6:</b> Bør man bruge individuel terapi frem for gruppeterapi til børn og unge med socialfobi, separationsangst eller generaliseret angst?</p> <p><b>PICO 7:</b> Bør forældre til børn og unge med socialfobi, separationsangst eller generaliseret angst deltage i sessionerne under behandlingsforløbet?</p> <p><b>PICO 8:</b> Bør man tilbyde kropsøvelser (motion og afspændings- og vejrtrækningsøvelser), i tillæg til treatment as usual, frem for treatment as usual alene i behandlingen af børn og unge med socialfobi, separationsangst eller generaliseret angst?</p>
<b>Søgetermer</b>	Se søgestrategierne under de enkelte PICOs
<b>Inklusions- og eksklusionskriterier</b>	<p>Sprog: Engelsk, dansk, norsk og svensk</p> <p>År: Sidste 10 år (2005 -2015/16)</p> <p>Publikationstyper: Systematiske reviews, metaanalyser</p>

## Informationskilder

DATABASE	INTERFACE	DATO FOR SØGNING
Medline	OVID	19.02.2016 – 11.04.2016
EMBASE	OVID	19.02.2016 – 11.04.2016
The Cochrane library	Internettet	19.02.2016 – 11.04.2016
CINAHL	EBSCO	19.02.2016 – 11.04.2016
PSYCINFO	OVID	19.02.2016 – 11.04.2016

### Note

- Søgetermer og inklusions- og eksklusionskriterier er tilpasset de enkelte databaser.
- Dubletter er så vidt muligt frasorteret ved hjælp af RefWorks. De fundne referencer overføres til Covidence (referenceværktøj)
- Fuldtekster præsenteres i Covidence i pdf-format
- Søgestrategi for hver enkelt database præsenteres – hvis muligt vises det eksplicit hvor mange referencer den enkelte søgestreng genererer

## SØGESTRATEGI

**PICO 1:** Bør man bruge psykoterapeutiske behandlingsprogrammer til børn og unge med socialfobi, separationsangst eller generaliseret angst?

**PICO 2:** Bør man bruge kognitiv adfærdsterapi frem for andre former for psykoterapeutisk behandling af børn og unge med socialfobi, separationsangst eller generaliseret angst?

**PICO 3:** Bør man bruge psykoterapi frem for antidepressiva (SSRI/SNRI) til behandling af børn og unge med socialfobi, separationsangst eller generaliseret angst?

**PICO 4:** Bør man bruge en kombination af psykoterapi og antidepressiva (SSRI/SNRI) frem for psykoterapi alene til behandling af børn og unge med socialfobi, separationsangst eller generaliseret angst?

**PICO 5:** Bør man bruge psykoterapeutiske behandlingsprogrammer specifikt rettet mod socialfobi frem for generiske behandlingsprogrammer rettet mod flere typer af angst?

**PICO 7:** Bør forældre til børn og unge med socialfobi, separationsangst eller generaliseret angst deltage i sessionerne under behandlingsforløbet?

Ovenstående PICO's er søgt d. 19.02.2016

Database(s): Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present

Search Strategy:

Søgt d. 19-02-2016

#	Searches	Results
1	Anxiety Disorders/	26752
2	anxiety disorder*.mp.	38194
3	anxiety.ti,ab.	127367
4	anxious.ti,ab.	12335
5	social phob*.mp.	3467
6	social anxiety.mp.	3861
7	generalized anxiety disorder*.mp.	4279
8	generalised anxiety disorder*.mp.	443
9	exp Anxiety, Separation/	1952
10	separation anxiet*.mp.	1216
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	141634
12	(child* or infant* or adoles* or teenager* or minors or teen* or youth or young* or paediatr* or pediatr* or school or juvenil*).mp.	3955813
13	11 and 12	51933
14	Cognitive Therapy/	17980

15	Behavior Therapy/	24390
16	(cogniti* adj2 (behavio* or intervention* or psychotherap* or technique* or therap* or treat*)).ti,ab.	34209
17	(behavio\$ adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	34239
18	(psychodynamic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1546
19	(psychoanalytic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1761
20	(interpersonal adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1302
21	exp Narrative Therapy/	81
22	(Narrative adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	357
23	(existential* adj2 (psychotherapy\$ or therap\$)).ti,ab.	111
24	(experiential* adj2 (psychotherapy\$ or therap\$)).ti,ab.	107
25	(Systemic adj1 (therap\$ or psychotherapy\$)).mp.	9835
26	Psychotherapy/	48960
27	psychotherapy.ti,ab.	27147
28	Psychotherapy, Group/	12565
29	Psychotherapy, Brief/	2963
30	(Gestalt adj2 (intervention\$ or psychotherapy\$ or therap\$ or treat\$)).ti,ab.	89
31	14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30	151784
32	13 and 31	4719
33	limit 32 to (meta analysis or systematic reviews)	271
34	((systematic or method*) adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw,sh,pt.	495919
35	(pooled adj1 (data or analys*)).ti,ab.	10603
36	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	115898
37	34 or 35 or 36	542164
38	32 and 37	416
39	33 or 38	485
40	limit 39 to (yr="2011 -Current" and (danish or english or norwegian or swedish))	236

Database(s): **Embase** 1996 to 2016 Week 07

Search Strategy:

Søgt d. 19-02-2016

#	Searches	Results
1	anxiety disorder/ or anxiety disorder*.mp.	61133
2	exp social phobia/ or social phobia.mp.	9546
3	generalised anxiety disorders.mp. or exp generalized anxiety disorder/	7122
4	social anxiety.mp.	5105
5	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	9379
6	social phob*.mp.	9588
7	anxiety.ti,ab.	152373
8	exp separation anxiety/	2552
9	separation anxiet*.mp.	2865
10	anxious.ti,ab.	13717
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	179063
12	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediater* or school or juvenil* or minors).mp.	2524737
13	11 and 12	52237
14	cognitive therapy/	37694
15	behavior therapy/	28329
16	(cogniti\$ adj2 (behavio\$ or intervention\$ or psychotherap\$ or technique\$ or therap\$ or treat\$)).ti,ab.	46432
17	(behavio\$ adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	40446
18	14 or 15 or 16 or 17	95580
19	*"psychodynamic psychotherapy"/	225
20	(psychodynamic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1896
21	(psychoanalytic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1689
22	(interpersonal adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1478
23	(Narrative adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	517
24	narrative therapy/	181
25	(existential adj2 (psychotherapy\$ or therap\$)).ti,ab.	144

26	(experiential adj2 (psychotherapy\$ or therap\$)).ti,ab.	142
27	(Gestalt adj2 (intervention\$ or psychotherapy\$ or therap\$ or treat\$)).ti,ab.	77
28	systemic therapy/	16037
29	(Systemic adj1 (therap\$ or psychotherapy\$)).ti,ab.	14699
30	group therapy/	9584
31	psychotherapy/	50863
32	psychotherapy.ti,ab.	23382
33	19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30 or 31 or 32	87885
34	18 or 33	168287
35	13 and 34	6168
36	limit 35 to ((meta analysis or "systematic review") and (danish or english or norwegian or swedish) and yr="2011 -Current")	141
37	((systematic or method*) adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw.	692694
38	(pooled adj1 (data or analys*)).ti,ab.	14964
39	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	141636
40	37 or 38 or 39	753378
41	35 and 40	623
42	36 or 41	640
43	limit 42 to ((danish or english or norwegian or swedish) and yr="2011 -Current")	362

Database(s): **PsycINFO** 2002 to February Week 2 2016

Search Strategy:

Søgt d. 19-02-2016

#	Searches	Results
1	Anxiety Disorders/ or anxiety disorder*.mp.	23374
2	social phobia.mp. or exp Social Phobia/	4689
3	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	4938
4	exp Generalized Anxiety Disorder/	2127
5	(social anxiety or social phob*).mp.	8317
6	anxious.ab,ti.	9664
7	anxiety.ab,ti.	86624
8	exp Separation Anxiety/	562

9	separation anxiety*.mp.	1408
10	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9	93064
11	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediatr* or school or juvenil* or minors).mp.	565389
12	10 and 11	29274
13	cognitive behavior therapy/	13811
14	Cognitive Therapy/	4773
15	behavior therapy/	3484
16	(cogniti\$ adj2 (behavio\$ or intervention\$ or psychotherap\$ or technique\$ or therap\$ or treat\$)).ti,ab.	38676
17	(behavio\$ adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	31782
18	(psychodynamic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	2857
19	(psychoanalytic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	3733
20	(interpersonal adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1677
21	(Narrative adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1277
22	narrative therapy/	647
23	(existential adj2 (psychotherapy\$ or therap\$)).ti,ab.	464
24	(experiential adj2 (psychotherapy\$ or therap\$)).ti,ab.	463
25	(Gestalt adj2 (intervention\$ or psychotherapy\$ or therap\$ or treat\$)).ti,ab.	671
26	(Systemic adj1 (therap\$ or psychotherapy\$)).ti,ab.	570
27	Psychotherapy/	22744
28	psychotherapy.ti,ab.	33492
29	Psychodynamic Psychotherapy/	2450
30	group psychotherapy/	6624
31	Interpersonal Psychotherapy/	871
32	gestalt therapy/	761
33	existential therapy/	551
34	13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30 or 31 or 32 or 33	97210
35	12 and 34	3612

36	limit 35 to ("0830 systematic review" or 1200 meta analysis)	101
37	((systematic or method*) adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,id.	102012
38	(pooled adj1 (data or analys*)).ti,ab.	1158
39	37 or 38	102849
40	35 and 39	247
41	36 or 40	250
42	limit 41 to ((danish or english or norwegian or swedish) and yr="2011 -Current")	140

### Cinahl

19.02.2016

#	Query	Limiters/Expanders	Results
S34	S28 OR S33	Limiters - Published Date: 20110101-20161231; Language: Danish, English, Norwegian, Swedish Search modes - Boolean/Phrase	107
S33	S11 AND S27 AND S32	Search modes - Boolean/Phrase	242
S32	S29 OR S30 OR S31	Search modes - Boolean/Phrase	241,975
S31	AB (pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus)	Search modes - Boolean/Phrase	25,902
S30	(pooled N1 (data or analys*))	Search modes - Boolean/Phrase	2,503
S29	TX (((systematic or method*) N3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*)	Search modes - Boolean/Phrase	236,317
S28	S11 AND S27	Limiters - Publication Type: Meta Analysis, Systematic Review Search modes - Boolean/Phrase	67
S27	S12 OR S13 OR S14 OR S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25 OR S26	Search modes - Boolean/Phrase	41,138
S26	TI Psychotherapy OR AB Psychotherapy	Search modes - Boolean/Phrase	4,209
S25	(MH "Psychotherapy, Group")	Search modes - Boolean/Phrase	2,666



S24	(MH "Psychotherapy")	Search modes - Boolean/Phrase	9,292
S23	(Systemic N1 (therap* or psychotherapy*))	Search modes - Boolean/Phrase	2,672
S22	Gestalt N2 (intervention* or psychotherapy* or therap* or treat*)	Search modes - Boolean/Phrase	28
S21	(experiential* N2 (psychotherapy* or therap*))	Search modes - Boolean/Phrase	44
S20	(existential* N2 (psychotherapy* or therap*))	Search modes - Boolean/Phrase	61
S19	(Narrative N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	Search modes - Boolean/Phrase	412
S18	(interpersonal N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	Search modes - Boolean/Phrase	459
S17	(psychoanalytic* N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	Search modes - Boolean/Phrase	91
S16	(psychodynamic* N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	Search modes - Boolean/Phrase	367
S15	(behavio* N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	Search modes - Boolean/Phrase	15,930
S14	(cogniti* N2 (behavio* or intervention* or psychotherap* or technique* or therap* or treat*))	Search modes - Boolean/Phrase	15,635
S13	(MH "Behavior Therapy")	Search modes - Boolean/Phrase	4,951
S12	(MH "Cognitive Therapy")	Search modes - Boolean/Phrase	8,467
S11	S9 AND S10	Search modes - Boolean/Phrase	10,571
S10	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediatr* or school or juvenil* or minors)	Search modes - Boolean/Phrase	646,870
S9	S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7 OR S8	Search modes - Boolean/Phrase	30,249

S8	(MH "Separation Anxiety") OR "seperation anxiet*"	Search modes - Boolean/Phrase	349
S7	TI anxious OR AB anxious	Search modes - Boolean/Phrase	2,172
S6	TI anxiety OR AB anxiety	Search modes - Boolean/Phrase	27,546
S5	"Generalised Anxiety Disorder*"	Search modes - Boolean/Phrase	103
S4	(MH "Generalized Anxiety Disorder") OR "generalized anxiety disorder*"	Search modes - Boolean/Phrase	628
S3	"social anxiety*"	Search modes - Boolean/Phrase	659
S2	(MH "Social Anxiety Disorders") OR "social phob*"	Search modes - Boolean/Phrase	628
S1	(MH "Anxiety Disorders") OR "anxiety disorder*"	Search modes - Boolean/Phrase	5,360

### The Cochrane Library

Search Name: Angst\_Psychoterapi

Date Run: 19/02/16 10:26:31.193

Description:

ID	Search	Hits
#1	MeSH descriptor: [Anxiety Disorders] this term only	2265
#2	MeSH descriptor: [Anxiety, Separation] this term only	59
#3	anxiety* or anxious*:ti,ab,kw (Word variations have been searched)	24579
#4	"generalized anxiety disorder*" or "generalised anxiety disorder*":ti,ab,kw (Word variations have been searched)	1203
#5	"social phob*" or "social anxiet*":ti,ab,kw (Word variations have been searched)	1270
#6	"separation anxiet*":ti,ab,kw (Word variations have been searched)	122
#7	#1 or #2 or #3 or #4 or #5 or #6	24861
#8	child* or infant* or adoles* or teenager* or minors or teen* or youth or young* or paediatr* or pediater* or school or juvenil*:ti,ab,kw (Word variations have been searched)	223772
#9	#7 and #8	7420
#10	MeSH descriptor: [Cognitive Therapy] this term only	6123
#11	MeSH descriptor: [Behavior Therapy] this term only	3983
#12	MeSH descriptor: [Psychotherapy] this term only	2342
#13	MeSH descriptor: [Psychotherapy, Group] this term only	1746
#14	(cogniti* near/2 (behavio* or intervention* or psychotherap* or technique* or therap* or treat*)):ti,ab,kw (Word variations have been searched)	13987
#15	(behavio* near/2 (intervention* or psychotherapy* or technique* or therap* or treat*)):ti,ab,kw (Word variations have been searched)	15698

#16	(psychodynamic* near/2 (intervention* or psychotherapy* or technique* or therap* or treat*)):ti,ab,kw (Word variations have been searched)	353
#17	(psychoanalytic* near/2 (intervention* or psychotherapy* or technique* or therap* or treat*)):ti,ab,kw (Word variations have been searched)	209
#18	(interpersonal near/2 (intervention* or psychotherapy* or technique* or therap* or treat*)):ti,ab,kw (Word variations have been searched)	730
#19	MeSH descriptor: [Narrative Therapy] this term only	13
#20	(Narrative near/2 (intervention* or psychotherapy* or technique* or therap* or treat*)):ti,ab,kw (Word variations have been searched)	103
#21	(existential* near/2 (psychotherapy* or therap*))	45
#22	(experiential* near/2 (psychotherapy* or therap*)):ti,ab,kw (Word variations have been searched)	32
#23	(Systemic near/1 (therap* or psychotherapy*)):ti,ab,kw (Word variations have been searched)	1162
#24	"psychotherapy":ti,ab,kw (Word variations have been searched)	7910
#25	(Gestalt near/2 (intervention* or psychotherapy* or therap* or treat*)):ti,ab,kw (Word variations have been searched)	27
#26	#10 or #11 or #12 or #13 or #14 or #15 or #16 or #17 or #18 or #19 or #20 or #21 or #22 or #23 or #24 or #25	28832
#27	#9 and #26 Publication Year from 2011 to 2016, in Other Reviews	62

Ialt 907 søgt frem heraf 579 unikke.

### PIOC 1, 2, 3, 4, 5 og 7 – ekstra søgeord 26.02.2016

Database(s): **Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R)** 1946 to Present

Search Strategy:

#	Searches	Results
1	Anxiety Disorders/	26779
2	anxiety disorder*.mp.	38221
3	anxiety.ti,ab.	127477
4	anxious.ti,ab.	12347
5	social phob*.mp.	3472
6	social anxiety.mp.	3868
7	generalized anxiety disorder*.mp.	4280
8	generalised anxiety disorder*.mp.	441
9	exp Anxiety, Separation/	1952
10	separation anxiet*.mp.	1216
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	141760
12	(child* or infant* or adoles* or teenager* or minors or teen* or youth or young* or paediatr* or pediater* or school or juvenil*).mp.	3959125

13	11 and 12	51979
14	Cognitive Therapy/	18011
15	Behavior Therapy/	24411
16	(cogniti* adj2 (behavio* or intervention* or psychotherap* or technique* or therap* or treat*)).ti,ab.	34258
17	(behavio\$ adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	34276
18	(psychodynamic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1548
19	(psychoanalytic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1763
20	(interpersonal adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1303
21	exp Narrative Therapy/	82
22	(Narrative adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	360
23	(existential* adj2 (psychotherapy\$ or therap\$)).ti,ab.	111
24	(experiential* adj2 (psychotherapy\$ or therap\$)).ti,ab.	107
25	(Systemic adj1 (therap\$ or psychotherapy\$)).mp.	9852
26	Psychotherapy/	48981
27	psychotherapy.ti,ab.	27165
28	Psychotherapy, Group/	12571
29	Psychotherapy, Brief/	2965
30	(Gestalt adj2 (intervention\$ or psychotherapy\$ or therap\$ or treat\$)).ti,ab.	89
31	14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30	151924
32	13 and 31	4726
33	limit 32 to (meta analysis or systematic reviews)	271
34	((systematic or method*) adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw,sh,pt.	496947
35	(pooled adj1 (data or analys*)).ti,ab.	10641
36	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	116257
37	34 or 35 or 36	543333
38	32 and 37	416

39	33 or 38	485
40	limit 39 to (yr="2011 -Current" and (danish or english or norwegian or swedish))	236
41	psychotherapy.ti,ab.	27165
42	Psychotherapy, Brief/	2965
43	short term psychotherapy.mp.	206
44	Psychotherapy, Group/	12571
45	31 or 41 or 42 or 43 or 44	151924
46	13 and 45	4726
47	limit 46 to (meta analysis or systematic reviews)	271
48	37 and 46	416
49	47 or 48	485
50	limit 49 to (yr="2011 -Current" and (danish or english or norwegian or swedish))	236
51	Family Therapy/	7988
52	family therapy.ab,ti.	2727
53	counsel*.ab,ti.	78030
54	coach*.ab,ti.	8150
55	mindfulness.ab,ti.	2677
56	exp Mindfulness/	690
57	rational emotive behavioral therapy.mp.	2
58	rational emotive behaviour therapy.mp.	5
59	multimodal therapy.mp.	1545
60	Self Care/	26026
61	self care.ab,ti.	11769
62	non pharmacological.ab,ti.	4835
63	51 or 52 or 53 or 54 or 55 or 56 or 57 or 58 or 59 or 60 or 61 or 62	134400
64	13 and 63	1943
65	limit 64 to (meta analysis or systematic reviews)	99
66	37 and 64	167
67	65 or 66	195
68	limit 67 to yr="2011 -Current"	100
69	50 and 68	27
70	68 not 69	73
71	limit 70 to (danish or english or norwegian or swedish)	71

Database(s): **Embase** 1996 to 2016 Week 08

26.02.2016

Search Strategy:

#	Searches	Results
1	anxiety disorder/ or anxiety disorder*.mp.	61278
2	exp social phobia/ or social phobia.mp.	9559
3	generalised anxiety disorders.mp. or exp generalized anxiety disorder/	7135
4	social anxiety.mp.	5117
5	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	9396
6	social phob*.mp.	9601
7	anxiety.ti,ab.	152767
8	exp separation anxiety/	2552
9	separation anxiet*.mp.	2866
10	anxious.ti,ab.	13745
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	179507
12	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediater* or school or juvenil* or minors).mp.	2531844
13	11 and 12	52373
14	cognitive therapy/	37754
15	behavior therapy/	28343
16	(cogniti\$ adj2 (behavio\$ or intervention\$ or psychotherap\$ or technique\$ or therap\$ or treat\$)).ti,ab.	46522
17	(behavio\$ adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	40517
18	14 or 15 or 16 or 17	95739
19	*"psychodynamic psychotherapy"/	225
20	(psychodynamic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1898
21	(psychoanalytic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1689
22	(interpersonal adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1481
23	(Narrative adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	518
24	narrative therapy/	181

25	(existential adj2 (psychotherapy\$ or therap\$)).ti,ab.	144
26	(experiential adj2 (psychotherapy\$ or therap\$)).ti,ab.	142
27	(Gestalt adj2 (intervention\$ or psychotherapy\$ or therap\$ or treat\$)).ti,ab.	77
28	systemic therapy/	16117
29	(Systemic adj1 (therap\$ or psychotherapy\$)).ti,ab.	14741
30	group therapy/	9610
31	psychotherapy/	51033
32	psychotherapy.ti,ab.	23449
33	19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30 or 31 or 32	88174
34	18 or 33	168712
35	13 and 34	6178
36	limit 35 to ((meta analysis or "systematic review") and (danish or english or norwegian or swedish) and yr="2011 -Current")	142
37	((((systematic or method*) adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw.	694805
38	(pooled adj1 (data or analys*)).ti,ab.	15000
39	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	142187
40	37 or 38 or 39	755591
41	35 and 40	625
42	limit 41 to yr="2011 -Current"	363
43	36 or 42	380
44	limit 43 to (danish or english or norwegian or swedish)	364
45	family therapy/	7027
46	family therapy.ti,ab.	2361
47	counsel*.ab,ti.	86236
48	coach*.ab,ti.	8996
49	mindfulness.ti,ab.	3887
50	mindfulness/	1901
51	rational emotive behaviour therapy.mp.	18
52	rational emotive behavioral therapy.mp.	10
53	multimodal therapy.mp.	2204
54	self care/	33208

55	self care.ti,ab.	13368
56	non pharmacological.ti,ab.	7142
57	45 or 46 or 47 or 48 or 49 or 50 or 51 or 52 or 53 or 54 or 55 or 56	149704
58	13 and 57	2529
59	limit 58 to ((meta analysis or "systematic review") and (danish or english or norwegian or swedish) and yr="2011 -Current")	43
60	40 and 58	249
61	59 or 60	254
62	44 and 61	46
63	61 not 62	208
64	limit 63 to ((danish or english or norwegian or swedish) and yr="2011 -Current")	112

Database(s): **PsycINFO** 2002 to February Week 4 2016

Search Strategy:

26.02.2016

#	Searches	Results
1	Anxiety Disorders/ or anxiety disorder*.mp.	23484
2	social phobia.mp. or exp Social Phobia/	4708
3	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	4957
4	exp Generalized Anxiety Disorder/	2136
5	(social anxiety or social phob*).mp.	8347
6	anxious.ab,ti.	9710
7	anxiety.ab,ti.	86985
8	exp Separation Anxiety/	561
9	separation anxiety*.mp.	1409
10	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9	93454
11	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediatr* or school or juvenil* or minors).mp.	567478
12	10 and 11	29408
13	cognitive behavior therapy/	13865
14	Cognitive Therapy/	4785
15	behavior therapy/	3490
16	(cogniti\$ adj2 (behavio\$ or intervention\$ or psychotherap\$ or technique\$ or therap\$ or treat\$)).ti,ab.	38828



17	(behavio\$ adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	31906
18	(psychodynamic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	2865
19	(psychoanalytic* adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	3740
20	(interpersonal adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1682
21	(Narrative adj2 (intervention\$ or psychotherapy\$ or technique\$ or therap\$ or treat\$)).ti,ab.	1280
22	narrative therapy/	647
23	(existential adj2 (psychotherapy\$ or therap\$)).ti,ab.	465
24	(experiential adj2 (psychotherapy\$ or therap\$)).ti,ab.	466
25	(Gestalt adj2 (intervention\$ or psychotherapy\$ or therap\$ or treat\$)).ti,ab.	672
26	(Systemic adj1 (therap\$ or psychotherapy\$)).ti,ab.	572
27	Psychotherapy/	22817
28	psychotherapy.ti,ab.	33606
29	Psychodynamic Psychotherapy/	2453
30	group psychotherapy/	6637
31	Interpersonal Psychotherapy/	871
32	gestalt therapy/	762
33	existential therapy/	551
34	13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28 or 29 or 30 or 31 or 32 or 33	97558
35	12 and 34	3638
36	limit 35 to ("0830 systematic review" or 1200 meta analysis)	101
37	((systematic or method*) adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,id.	102610
38	(pooled adj1 (data or analys*)).ti,ab.	1164
39	37 or 38	103447
40	35 and 39	248
41	36 or 40	251
42	limit 41 to ((danish or english or norwegian or swedish) and yr="2011 -Current")	141
43	family therapy/	7425
44	family therapy.ab,ti.	5581

45	counsel*.ab,ti.	42718
46	coach*.ab,ti.	9915
47	mindfulness.ab,ti.	6249
48	Mindfulness/	5179
49	rational emotive behavior therapy/	508
50	(rational emotive behavioral therapy or rational emotive behavior therapy).ab,ti.	397
51	multimodal treatment approach/	827
52	multimodal therapy.ab,ti.	81
53	self care.ab,ti.	4698
54	non pharmacological.ab,ti.	1363
55	43 or 44 or 45 or 46 or 47 or 48 or 49 or 50 or 51 or 52 or 53 or 54	72933
56	12 and 55	1407
57	limit 56 to ("0830 systematic review" or 1200 meta analysis)	21
58	39 and 56	75
59	57 or 58	78
60	42 and 59	12
61	59 not 60	66
62	limit 61 to ((danish or english or norwegian or swedish) and yr="2011 -Current")	31

### Cinahl

26.02.2016

#	Query	Limiters/Expanders	Results
S50	S34 AND S49	Search modes - Boolean/Phrase	16
S49	S47 OR S48	Search modes - Boolean/Phrase	149
S48	S11 AND S32 AND S46	Search modes - Boolean/Phrase	149
S47	S11 AND S46	Limiters - Publication Type: Meta Analysis, Systematic Review Search modes - Boolean/Phrase	33
S46	S35 OR S36 OR S37 OR S38 OR S39 OR S40 OR	Search modes - Boolean/Phrase	55,837

	S41 OR S42 OR S43 OR S44 OR S45		
S45	TI "non pharmacological" OR AB "non pharmacological"	Search modes - Boolean/Phrase	1,107
S44	TI "Self Care" OR AB "Self Care"	Search modes - Boolean/Phrase	7,964
S43	(MH "Self Care")	Search modes - Boolean/Phrase	21,081
S42	TI "multimodal therapy" OR AB "multimodal therapy"	Search modes - Boolean/Phrase	102
S41	"rational emotive behavior therapy" OR "rational emotive behavioral therapy"	Search modes - Boolean/Phrase	16
S40	TI "Mindfulness" OR AB "Mindfulness"	Search modes - Boolean/Phrase	1,338
S39	(MH "Mindfulness")	Search modes - Boolean/Phrase	625
S38	TI coachI* OR AB coach*	Search modes - Boolean/Phrase	3,155
S37	TI counsel* OR AB counsel*	Search modes - Boolean/Phrase	23,862
S36	TI "Family Therapy" OR AB "Family Therapy"	Search modes - Boolean/Phrase	736
S35	(MH "Family Therapy")	Search modes - Boolean/Phrase	2,159
S34	S28 OR S33	Limiters - Published Date: 20110101- 20161231; Language: Danish, English, Norwegian, Swedish Search modes - Boolean/Phrase	107
S33	S11 AND S27 AND S32	Search modes - Boolean/Phrase	242
S32	S29 OR S30 OR S31	Search modes - Boolean/Phrase	242,264

S31	AB (pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus)	Search modes - Boolean/Phrase	25,926
S30	(pooled N1 (data or analys*))	Search modes - Boolean/Phrase	2,507
S29	TX (((systematic or method*) N3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*)	Search modes - Boolean/Phrase	236,603
S28	S11 AND S27	Limiters - Publication Type: Meta Analysis, Systematic Review Search modes - Boolean/Phrase	67
S27	S12 OR S13 OR S14 OR S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25 OR S26	Search modes - Boolean/Phrase	41,168
S26	TI Psychotherapy OR AB Psychotherapy	Search modes - Boolean/Phrase	4,210
S25	(MH "Psychotherapy, Group")	Search modes - Boolean/Phrase	2,667
S24	(MH "Psychotherapy")	Search modes - Boolean/Phrase	9,297
S23	(Systemic N1 (therap* or psychotherapy*))	Search modes - Boolean/Phrase	2,676
S22	Gestalt N2 (intervention* or psychotherapy* or therap* or treat*)	Search modes - Boolean/Phrase	28
S21	(experiential* N2 (psychotherapy* or therap*))	Search modes - Boolean/Phrase	44
S20	(existential* N2 (psychotherapy* or therap*))	Search modes - Boolean/Phrase	61

S19	(Narrative N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	Search modes - Boolean/Phrase	412
S18	(interpersonal N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	Search modes - Boolean/Phrase	459
S17	(psychoanalytic* N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	Search modes - Boolean/Phrase	91
S16	(psychodynamic* N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	Search modes - Boolean/Phrase	367
S15	(behavio* N2 (intervention* or psychotherapy* or technique* or therap* or treat*))	Search modes - Boolean/Phrase	15,942
S14	(cogniti* N2 (behavio* or intervention* or psychotherap* or technique* or therap* or treat*))	Search modes - Boolean/Phrase	15,646
S13	(MH "Behavior Therapy")	Search modes - Boolean/Phrase	4,954
S12	(MH "Cognitive Therapy")	Search modes - Boolean/Phrase	8,473
S11	S9 AND S10	Search modes - Boolean/Phrase	10,578
S10	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediater* or school or juvenil* or minors)	Search modes - Boolean/Phrase	647,353

S9	S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7 OR S8	Search modes - Boolean/Phrase	30,268
S8	(MH "Separation Anxiety") OR "seperation anxiet*"	Search modes - Boolean/Phrase	349
S7	TI anxious OR AB anxious	Search modes - Boolean/Phrase	2,175
S6	TI anxiety OR AB anxiety	Search modes - Boolean/Phrase	27,560
S5	"Generalised Anxiety Disorder*"	Search modes - Boolean/Phrase	103
S4	(MH "Generalized Anxiety Disorder") OR "generalized anxiety disorder*"	Search modes - Boolean/Phrase	629
S3	"social anxiety*"	Search modes - Boolean/Phrase	660
S2	(MH "Social Anxiety Disorders") OR "social phob*"	Search modes - Boolean/Phrase	629
S1	(MH "Anxiety Disorders") OR "anxiety disorder*"	Search modes - Boolean/Phrase	5,365

### The Cochrane Library

Date Run: 26/02/16

Description:

ID	Search	Hits
#1	MeSH descriptor: [Anxiety Disorders] this term only	2265
#2	MeSH descriptor: [Anxiety, Separation] this term only	59
#3	anxiety* or anxious*:ti,ab,kw (Word variations have been searched)	24578
#4	"generalized anxiety disorder*" or "generalised anxiety disorder*":ti,ab,kw (Word variations have been searched)	1203
#5	"social phob*" or "social anxiet*":ti,ab,kw (Word variations have been searched)	1270
#6	"separation anxiet*":ti,ab,kw (Word variations have been searched)	122
#7	#1 or #2 or #3 or #4 or #5 or #6	24860

#8	child* or infant* or adoles* or teenager* or minors or teen* or youth or young* or paediatr* or pediater* or school or juvenil*:ti,ab,kw (Word variations have been searched)		
		223772	
#9	#7 and #8	7420	
#10	MeSH descriptor: [Cognitive Therapy] this term only	6123	
#11	MeSH descriptor: [Behavior Therapy] this term only	3983	
#12	MeSH descriptor: [Psychotherapy] this term only	2342	
#13	MeSH descriptor: [Psychotherapy, Group] this term only	1746	
#14	(cogniti* near/2 (behavio* or intervention* or psychotherap* or technique* or therap* or treat*)):ti,ab,kw (Word variations have been searched)	13987	
#15	(behavio* near/2 (intervention* or psychotherapy* or technique* or therap* or treat*)):ti,ab,kw (Word variations have been searched)	15697	
#16	(psychodynamic* near/2 (intervention* or psychotherapy* or technique* or therap* or treat*)):ti,ab,kw (Word variations have been searched)	353	
#17	(psychoanalytic* near/2 (intervention* or psychotherapy* or technique* or therap* or treat*)):ti,ab,kw (Word variations have been searched)	209	
#18	(interpersonal near/2 (intervention* or psychotherapy* or technique* or therap* or treat*)):ti,ab,kw (Word variations have been searched)	730	
#19	MeSH descriptor: [Narrative Therapy] this term only	13	
#20	(Narrative near/2 (intervention* or psychotherapy* or technique* or therap* or treat*)):ti,ab,kw (Word variations have been searched)	103	
#21	(existential* near/2 (psychotherapy* or therap*))	46	
#22	(experiential* near/2 (psychotherapy* or therap*)):ti,ab,kw (Word variations have been searched)	32	
#23	(Systemic near/1 (therap* or psychotherapy*)):ti,ab,kw (Word variations have been searched)	1162	
#24	"psychotherapy":ti,ab,kw (Word variations have been searched)	7910	
#25	(Gestalt near/2 (intervention* or psychotherapy* or therap* or treat*)):ti,ab,kw (Word variations have been searched)	27	
#26	#10 or #11 or #12 or #13 or #14 or #15 or #16 or #17 or #18 or #19 or #20 or #21 or #22 or #23 or #24 or #25	28833	
#27	#9 and #26 Publication Year from 2011 to 2016	883	
#28	"family therapy":ti,ab,kw (Word variations have been searched)	1145	
#29	MeSH descriptor: [Family Therapy] this term only	806	
#30	coach*:ti,ab,kw (Word variations have been searched)	1240	
#31	counsel*:ti,ab,kw (Word variations have been searched)	10410	
#32	mindfulness*:ti,ab,kw (Word variations have been searched)	1151	
#33	MeSH descriptor: [Mindfulness] this term only	205	
#34	"rational emotive therapy":ti,ab,kw (Word variations have been searched)		59
#35	"multimodal therapy":ti,ab,kw (Word variations have been searched)	98	
#36	MeSH descriptor: [Self Care] this term only	3371	
#37	"self care":ti,ab,kw (Word variations have been searched)	5147	
#38	"non pharmacological":ti,ab,kw (Word variations have been searched)	1034	
#39	#28 or #29 or #30 or #31 or #32 or #33 or #34 or #35 or #36 or #37 or #38	19382	
#40	#9 and #39	540	
#41	#27 and #39	128	
#42	#40 not #41 Publication Year from 2011 to 2016	15	

Der er søgt 271 frem,heraf 196 unikke reference.

### Ekstrasøgning til PICO 3 og 4

**PICO 3:** Bør man bruge psykoterapi frem for antidepressiva (SSRI/SNRI) til behandling af børn og unge med socialfobi, separationsangst eller generaliseret angst?

**PICO 4:** Bør man bruge en kombination af psykoterapi og antidepressiva (SSRI/SNRI) frem for psykoterapi alene til behandling af børn og unge med socialfobi, separationsangst eller generaliseret angst?

Samsøgt d. 08-03-2016

Database(s): Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present

Search Strategy:

#	Searches	Results
1	Anxiety Disorders/	26832
2	anxiety disorder*.mp.	38323
3	anxiety.ti,ab.	127872
4	anxious.ti,ab.	12375
5	social phob*.mp.	3476
6	social anxiety.mp.	3884
7	generalized anxiety disorder*.mp.	4293
8	generalised anxiety disorder*.mp.	444
9	exp Anxiety, Separation/	1953
10	separation anxiet*.mp.	1217
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	142179
12	(child* or infant* or adoles* or teenager* or minors or teen* or youth or young* or paediatr* or pediatr* or school or juvenil*).mp.	3964518
13	11 and 12	52141
14	((systematic or method*) adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw,sh,pt.	498894
15	(pooled adj1 (data or analys*)).ti,ab.	10690
16	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	116870
17	14 or 15 or 16	545456
18	Serotonin Reuptake Inhibitors/ or ssri.mp.	18553



19	serotonin noradrenalin reuptake inhibitor/ or snri.mp.	606
20	selective serotonin reuptake inhibitor*.mp.	9082
21	(serotonin and norepinephrine reuptake inhibitor*).mp.	1203
22	(serotonin and norepinephrine uptake inhibitor*).mp.	62
23	exp Citalopram/ or citalopram*.mp.	5620
24	exp Fluoxetine/ or fluoxetine*.mp.	11741
25	exp Fluvoxamine/ or fluvoxamine*.mp.	2667
26	exp Paroxetine/ or paroxetine*.mp.	5554
27	exp Sertraline/ or sertraline*.mp.	4083
28	escitalopram*.mp.	1660
29	18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or 27 or 28	35431
30	13 and 29	1173
31	17 and 30	120
32	limit 30 to (meta analysis or systematic reviews)	83
33	31 or 32	146
34	limit 33 to (yr="2008 -Current" and (danish or english or norwegian or swedish))	70

Database(s): **Embase** 1974 to 2016 Week 10

08.03.2016

Search Strategy:

#	Searches	Results
1	anxiety disorder/ or anxiety disorder*.mp.	66413
2	exp social phobia/ or social phobia.mp.	10144
3	generalised anxiety disorders.mp. or exp generalized anxiety disorder/	7176
4	social anxiety.mp.	5460
5	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	10091
6	social phob*.mp.	10272
7	anxiety.ti,ab.	182921
8	exp separation anxiety/	3394
9	separation anxiet*.mp.	3919
10	anxious.ti,ab.	17374
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	214004
12	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or	3964296

	pediatr* or school or juvenil* or minors).mp.	
13	11 and 12	60439
14	((systematic or method*) adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw.	733863
15	(pooled adj1 (data or analys*)).ti,ab.	15995
16	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	144865
17	14 or 15 or 16	797196
18	Serotonin Reuptake Inhibitors/ or ssri.mp.	8930
19	serotonin noradrenalin reuptake inhibitor/ or snri.mp.	4463
20	selective serotonin reuptake inhibitor*.mp.	12750
21	(serotonin and norepinephrine reuptake inhibitor*).mp.	1799
22	(serotonin and norepinephrine uptake inhibitor*).mp.	73
23	citalopram/ or citalopram*.mp.	19531
24	fluoxetine/ or fluoxetine*.mp.	41118
25	fluvoxamine/ or fluvoxamine*.mp.	12772
26	escitalopram.mp. or escitalopram/	8570
27	paroxetine/ or paroxetine*.mp.	24882
28	sertraline/ or sertraline*.mp.	21881
29	18 or 19 or 20 or 21 or 22 or 23 or 24 or 26 or 25 or 27 or 28	81410
30	13 and 29	2416
31	17 and 30	279
32	limit 30 to (meta analysis or "systematic review")	133
33	31 or 32	332
34	limit 33 to ((danish or english or norwegian or swedish) and yr="2008 -Current")	202

Database(s): **PsycINFO** 1806 to March Week 1 2016

08.03.2016

Search Strategy:

#	Searches	Results
1	Anxiety Disorders/ or anxiety disorder*.mp.	32735
2	social phobia.mp. or exp Social Phobia/	6557
3	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	6601
4	exp Generalized Anxiety Disorder/	2145

5	(social anxiety or social phob*).mp.	11717
6	anxious.ab,ti.	17147
7	anxiety.ab,ti.	149762
8	exp Separation Anxiety/	1443
9	separation anxiety*.mp.	3010
10	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9	161326
11	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediatr* or school or juvenil* or minors).mp.	1093612
12	10 and 11	47255
13	Serotonin Reuptake Inhibitors/ or ssri.mp.	6014
14	snri.mp. or Serotonin Norepinephrine Reuptake Inhibitors/	611
15	selective serotonin reuptake inhibitor*.mp.	6379
16	(serotonin and norepinephrine reuptake inhibitor*).mp. [mp=title, abstract, heading word, table of contents, key concepts, original title, tests & measures]	855
17	(serotonin and norepinephrine uptake inhibitor*).mp. [mp=title, abstract, heading word, table of contents, key concepts, original title, tests & measures]	25
18	Citalopram/ or citalopram*.mp.	2361
19	Fluoxetine/ or fluoxetine*.mp.	6056
20	Fluvoxamine/ or fluvoxamine*.mp.	1528
21	Paroxetine/ or paroxetine*.mp.	3052
22	Sertraline/ or sertraline*.mp.	2460
23	escitalopram*.mp.	1172
24	13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23	18239
25	12 and 24	612
26	limit 25 to ("0830 systematic review" or 1200 meta analysis)	15
27	((systematic or method*) adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,id.	123228
28	(pooled adj1 (data or analys*)).ti,ab.	1322
29	27 or 28	124203
30	25 and 29	43
31	26 or 30	44
32	limit 31 to ((danish or english or norwegian or swedish) and yr="2008 -Current")	25

## Cinahl

08.03.2016

Search ID#	Search Terms	Search Options	Actions
S30	S28 OR S29	Limiters - Published Date: 20080101-20161231; Language: Danish, English, Norwegian, Swedish Search modes - Boolean/Phrase	View Results (30) View Details Edit
S29	S11 AND S26	Limiters - Publication Type: Meta Analysis, Systematic Review Search modes - Boolean/Phrase	View Results (17) View Details Edit
S28	S15 AND S27	Search modes - Boolean/Phrase	View Results (50) View Details Edit
S27	S11 AND S26	Search modes - Boolean/Phrase	View Results (200) View Details Edit
S26	S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25	Search modes - Boolean/Phrase	View Results (6,274) View Details Edit
S25	"escitalopram"	Search modes - Boolean/Phrase	View Results (246) View Details Edit
S24	"Sertraline"	Search modes - Boolean/Phrase	View Results (701) View Details Edit
S23	(MH "Paroxetine") OR "Paroxetine"	Search modes - Boolean/Phrase	View Results (794) View Details Edit
S22	"Fluvoxamine"	Search modes - Boolean/Phrase	View Results (156) View Details Edit
S21	(MH "Fluoxetine") OR "Fluoxetine"	Search modes - Boolean/Phrase	View Results (1,222) View Details Edit

S20	(MH "Citalopram") OR "Citalopram"	Search modes - Boolean/Phrase	View Results (735) View Details Edit
S19	"serotonin and norepinephrine reuptake inhibitor*"	Search modes - Boolean/Phrase	View Results (38) View Details Edit
S18	"selective serotonin reuptake inhibitor*"	Search modes - Boolean/Phrase	View Results (1,195) View Details Edit
S17	"snri"	Search modes - Boolean/Phrase	View Results (75) View Details Edit
S16	(MH "Serotonin Uptake Inhibitors") OR "ssri"	Search modes - Boolean/Phrase	View Results (3,691) View Details Edit
S15	S12 OR S13 OR S14	Search modes - Boolean/Phrase	View Results (243,234) View Details Edit
S14	AB (pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus)	Search modes - Boolean/Phrase	View Results (26,021) View Details Edit
S13	(pooled N1 (data or analys*))	Search modes - Boolean/Phrase	View Results (2,521) View Details Edit
S12	TX (((systematic or method*) N3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*)	Search modes - Boolean/Phrase	View Results (237,556) View Details Edit
S11	S9 AND S10	Search modes - Boolean/Phrase	View Results (10,593) View Details Edit
S10	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediatr* or school or juvenil* or minors)	Search modes - Boolean/Phrase	View Results (648,481) View Details Edit
S9	S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7 OR S8	Search modes - Boolean/Phrase	View Results (30,306) View Details Edit
S8	(MH "Separation Anxiety") OR "seperation anxiet*"	Search modes - Boolean/Phrase	View Results (349) View Details

			Edit
S7	TI anxious OR AB anxious	Search modes - Boolean/Phrase	View Results (2,176) View Details Edit
S6	TI anxiety OR AB anxiety	Search modes - Boolean/Phrase	View Results (27,595) View Details Edit
S5	"Generalised Anxiety Disorder**"	Search modes - Boolean/Phrase	View Results (103) View Details Edit
S4	(MH "Generalized Anxiety Disorder") OR "generalized anxiety disorder**"	Search modes - Boolean/Phrase	View Results (629) View Details Edit
S3	"social anxiety**"	Search modes - Boolean/Phrase	View Results (660) View Details Edit
S2	(MH "Social Anxiety Disorders") OR "social phob**"	Search modes - Boolean/Phrase	View Results (630) View Details Edit
S1	(MH "Anxiety Disorders") OR "anxiety disorder**"	Search modes - Boolean/Phrase	View Results (5,370) View Details Edit

## Cochrane Library 12

Search Name: Angst\_PICO3\_4

Date Run: 08/03/16 Description:

ID	Search	Hits
#1	MeSH descriptor: [Anxiety Disorders] this term only	2265
#2	MeSH descriptor: [Anxiety, Separation] this term only	59
#3	anxiety* or anxious*:ti,ab,kw (Word variations have been searched)	24695
#4	"generalized anxiety disorder**" or "generalised anxiety disorder**":ti,ab,kw (Word variations have been searched)	1211
#5	"social phob**" or "social anxiet**":ti,ab,kw (Word variations have been searched)	1281

#6	"separation anxiet*":ti,ab,kw (Word variations have been searched)	124
#7	#1 or #2 or #3 or #4 or #5 or #6	24978
#8	child* or infant* or adoles* or teenager* or minors or teen* or youth or young* or paediatr* or peditr* or school or juvenil*:ti,ab,kw (Word variations have been searched)	224439
#9	#7 and #8	7456
#10	MeSH descriptor: [Serotonin Uptake Inhibitors] this term only	2617
#11	"ssri" or "Snri":ti,ab,kw (Word variations have been searched)	1184
#12	Citalopram:ti,ab,kw (Word variations have been searched)	1583
#13	"fluoxetine":ti,ab,kw (Word variations have been searched)	2784
#14	Fluvoxamine:ti,ab,kw (Word variations have been searched)	769
#15	"paroxetine":ti,ab,kw (Word variations have been searched)	2118
#16	"sertraline":ti,ab,kw (Word variations have been searched)	1739
#17	"escitalopram":ti,ab,kw (Word variations have been searched)	892
#18	"Selective serotonin reuptake inhibitor":ti,ab,kw (Word variations have been searched)	1520
#19	"Serotonin norepinephrine reuptake inhibitor":ti,ab,kw (Word variations have been searched)	121
#20	#10 or #11 or #12 or #13 or #14 or #15 or #16 or #17 or #19	9054
#21	#7 and #9 and #20 Publication Year from 2008 to 2016, in Other Reviews	12

Der er søgt 339 referencer frem, heraf 233 unikke referencer

**PICO 6:** Bør man bruge individuel terapi frem for gruppeterapi til børn og unge med socialfobi, separationsangst eller generaliseret angst?

Database(s): **Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R)** 1946 to Present

Search Strategy:

14-03-2016

#	Searches	Results
1	Anxiety Disorders/	26931

2	anxiety disorder*.mp.	38487
3	anxiety.ti,ab.	128339
4	anxious.ti,ab.	12419
5	social phob*.mp.	3482
6	social anxiety.mp.	3907
7	generalized anxiety disorder*.mp.	4311
8	generalised anxiety disorder*.mp.	446
9	exp Anxiety, Separation/	1958
10	separation anxiet*.mp.	1225
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	142686
12	(child* or infant* or adoles* or teenager* or minors or teen* or youth or young* or paediatr* or pediatr* or school or juvenil*).mp.	3974946
13	11 and 12	52379
14	group therapy.mp. or Psychotherapy, Group/	13756
15	(group* adj3 therap*).mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier]	26120
16	(group* adj3 based*).mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier]	33542
17	(psychotherap* adj3 group*).mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier]	13366
18	(group therap* or group treatment*).mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier]	6847
19	group format*.mp.	924
20	14 or 15 or 16 or 17 or 18 or 19	71132
21	13 and 20	933
22	limit 21 to (meta analysis or systematic reviews)	41
23	((systematic or method*) adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw.	478370
24	(pooled adj1 (data or analys*)).ti,ab.	10755
25	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or	118008



	scopus).ti,ab,jw.	
26	23 or 24 or 25	529331
27	21 and 26	85
28	22 or 27	90
29	limit 28 to (yr="2011 -Current" and (danish or english or norwegian or swedish))	44

Database(s): **Embase** 1974 to 2016 March 11

Search Strategy:

14-03-2016

#	Searches	Results
1	anxiety disorder/ or anxiety disorder*.mp.	66596
2	exp social phobia/ or social phobia.mp.	10159
3	generalised anxiety disorders.mp. or exp generalized anxiety disorder/	7192
4	social anxiety.mp.	5472
5	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	10109
6	social phob*.mp.	10287
7	anxiety.ti,ab.	183201
8	exp separation anxiety/	3397
9	separation anxiet*.mp.	3922
10	anxious.ti,ab.	17393
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	214355
12	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediatr* or school or juvenil* or minors).mp.	3968717
13	11 and 12	60523
14	group therapy/	19055
15	(group* adj3 therap*).mp. [mp=title, abstract, heading word, drug trade name, original title, device manufacturer, drug manufacturer, device trade name, keyword]	53398
16	(group* adj3 based*).mp. [mp=title, abstract, heading word, drug trade name, original title, device manufacturer, drug manufacturer, device trade name, keyword]	48467
17	(psychotherap* adj3 group*).mp. [mp=title, abstract, heading word, drug trade name, original title, device manufacturer, drug manufacturer, device trade name, keyword]	4863
18	(group therap* or group treatment*).mp. [mp=title, abstract, heading word, drug trade name, original title, device manufacturer, drug manufacturer, device trade name, keyword]	23758

19	group format*.mp.	1262
20	14 or 15 or 16 or 17 or 18 or 19	105285
21	13 and 20	1165
22	limit 21 to ((meta analysis or "systematic review") and yr="2011 -Current")	20
23	((systematic or method*) adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw.	735339
24	(pooled adj1 (data or analys*)).ti,ab.	16032
25	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	145328
26	23 or 24 or 25	798797
27	21 and 26	131
28	22 or 27	132
29	limit 28 to ((danish or english or norwegian or swedish) and yr="2011 -Current")	73

Database(s): **PsycINFO** 1806 to March Week 2 2016

Search Strategy:

14-03-2016

#	Searches	Results
1	Anxiety Disorders/ or anxiety disorder*.mp.	32788
2	social phobia.mp. or exp Social Phobia/	6565
3	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	6617
4	exp Generalized Anxiety Disorder/	2149
5	(social anxiety or social phob*).mp.	11742
6	anxious.ab,ti.	17164
7	anxiety.ab,ti.	149930
8	exp Separation Anxiety/	1443
9	separation anxiety*.mp.	3011
10	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9	161507
11	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediater* or school or juvenil* or minors).mp.	1094554
12	10 and 11	47309
13	group psychotherapy/	17900
14	(group* adj3 therap*).mp. [mp=title, abstract, heading word, table of contents, key concepts, original title, tests & measures]	21519

15	(group* adj3 based*).mp. [mp=title, abstract, heading word, table of contents, key concepts, original title, tests & measures]	14432
16	(psychotherap* adj3 group*).mp. [mp=title, abstract, heading word, table of contents, key concepts, original title, tests & measures]	21736
17	(group therap* or group treatment*).mp. [mp=title, abstract, heading word, table of contents, key concepts, original title, tests & measures]	16161
18	group format*.mp.	1840
19	13 or 14 or 15 or 16 or 17 or 18	47126
20	12 and 19	1135
21	limit 20 to ("0830 systematic review" or 1200 meta analysis)	16
22	((systematic or method*) adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,id.	123516
23	(pooled adj1 (data or analys*)).ti,ab.	1326
24	22 or 23	124493
25	20 and 24	52
26	limit 25 to ((danish or english or norwegian or swedish) and yr="2011 -Current")	22

#### Cinahl 14-03-2016

<a href="#">Search ID#</a>	Search Terms	Search Options	Actions
S25	S19 OR S24	Limiters - Published Date: 20110101-20161231; Language: Danish, English, Norwegian, Swedish Search modes - Boolean/Phrase	<a href="#">View Results (30)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S24	S11 AND S18 AND S23	Search modes - Boolean/Phrase	<a href="#">View Results (61)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S23	S20 OR S21 OR S22	Search modes - Boolean/Phrase	<a href="#">View Results (244,108)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S22	AB (pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus)	Search modes - Boolean/Phrase	<a href="#">View Results (26,041)</a> <a href="#">View Details</a> <a href="#">Edit</a>

S21	(pooled N1 (data or analys*))	Search modes - Boolean/Phrase	<a href="#">View Results (2,525)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S20	TX (((systematic or method*) N3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*)	Search modes - Boolean/Phrase	<a href="#">View Results (238,419)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S19	S11 AND S18	Limiters - Publication Type: Meta Analysis, Systematic Review Search modes - Boolean/Phrase	<a href="#">View Results (14)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S18	S12 OR S13 OR S14 OR S15 OR S16 OR S17	Search modes - Boolean/Phrase	<a href="#">View Results (10,942)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S17	"group format*"	Search modes - Boolean/Phrase	<a href="#">View Results (263)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S16	"group therapy*" OR "group treatment"	Search modes - Boolean/Phrase	<a href="#">View Results (1,330)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S15	psychotherapy* N2 group*	Search modes - Boolean/Phrase	<a href="#">View Results (2,783)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S14	group* N2 based*	Search modes - Boolean/Phrase	<a href="#">View Results (5,277)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S13	group* N2 therapy*	Search modes - Boolean/Phrase	<a href="#">View Results (3,304)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S12	(MH "Psychotherapy, Group")	Search modes - Boolean/Phrase	<a href="#">View Results (2,670)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S11	S9 AND S10	Search modes - Boolean/Phrase	<a href="#">View Results (10,602)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S10	(child* or infant* or adoles* or teenager* or teen* or youth or young*)	Search modes - Boolean/Phrase	<a href="#">View Results (648,891)</a> <a href="#">View Details</a> <a href="#">Edit</a>

	or paediatr* or pediater* or school or juvenil* or minors)		
S9	S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7 OR S8	Search modes - Boolean/Phrase	<a href="#">View Results (30,320)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S8	(MH "Separation Anxiety") OR "seperation anxiety*"	Search modes - Boolean/Phrase	<a href="#">View Results (349)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S7	TI anxious OR AB anxious	Search modes - Boolean/Phrase	<a href="#">View Results (2,177)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S6	TI anxiety OR AB anxiety	Search modes - Boolean/Phrase	<a href="#">View Results (27,613)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S5	"Generalised Anxiety Disorder*"	Search modes - Boolean/Phrase	<a href="#">View Results (103)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S4	(MH "Generalized Anxiety Disorder") OR "generalized anxiety disorder*"	Search modes - Boolean/Phrase	<a href="#">View Results (627)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S3	"social anxiety*"	Search modes - Boolean/Phrase	<a href="#">View Results (659)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S2	(MH "Social Anxiety Disorders") OR "social phob*"	Search modes - Boolean/Phrase	<a href="#">View Results (629)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S1	(MH "Anxiety Disorders") OR "anxiety disorder*"	Search modes - Boolean/Phrase	<a href="#">View Results (5,363)</a> <a href="#">View Details</a> <a href="#">Edit</a>

**The Cochrane Library**  
**14-03-2016**

ID	Search	Hits
#1	MeSH descriptor: [Anxiety Disorders] this term only	2265
#2	MeSH descriptor: [Anxiety, Separation] this term only	59
#3	anxiety* or anxious*:ti,ab,kw (Word variations have been searched)	24696

#4	"generalized anxiety disorder*" or "generalised anxiety disorder*":ti,ab,kw (Word variations have been searched)	1211	
#5	"social phob*" or "social anxiet*":ti,ab,kw (Word variations have been searched)		1281
#6	"separation anxiet*":ti,ab,kw (Word variations have been searched)	124	
#7	#1 or #2 or #3 or #4 or #5 or #6	24979	
#8	child* or infant* or adoles* or teenager* or minors or teen* or youth or young* or paediatr* or pediater* or school or juvenil*":ti,ab,kw (Word variations have been searched)	224439	
#9	#7 and #8	7456	
#10	MeSH descriptor: [Psychotherapy, Group] this term only	1746	
#11	group near/3 therap*":ti,ab,kw (Word variations have been searched)	12603	
#12	group near/3 based*":ti,ab,kw (Word variations have been searched)	4970	
#13	psychotherap* near/3 group:ti,ab,kw (Word variations have been searched)		2254
#14	"group therap*" or "group treatment*" or "group format*":ti,ab,kw (Word variations have been searched)	3757	
#15	#10 or #11 or #12 or #13 or #14	20053	
#16	#9 and #15 Publication Year from 2011 to 2016, in Other Reviews		12

Der er søgt 181 referencer frem, heraf er 118 unikke

**PICO 8:** Bør man tilbyde kropsøvelser (motion og afspændings- og vejrtrækningsøvelser), i tillæg til treatment as usual, frem for treatment as usual alene i behandlingen af børn og unge med socialfobi, separationsangst eller generaliseret angst?

Database(s): **Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R)** 1946 to Present

11-04-2016

Search Strategy:

#	Searches	Results	Annotations
1	Anxiety Disorders/	27127	
2	anxiety disorder*.mp.	38861	
3	anxiety.ti,ab.	129619	
4	anxious.ti,ab.	12515	
5	social phob*.mp.	3499	
6	social anxiety.mp.	3955	
7	generalized anxiety disorder*.mp.	4356	
8	generalised anxiety disorder*.mp.	456	
9	exp Anxiety, Separation/	1962	
10	separation anxiet*.mp.	1234	
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	144028	

12	(child* or infant* or adoles* or teenager* or minors or teen* or youth or young* or paediatr* or pediater* or school or juvenil*).mp.	4000923	
13	11 and 12	52955	
14	exp Exercise/ or exercise*.mp.	322865	
15	physical activity.mp.	69871	
16	relaxation therapy.mp. or exp Relaxation Therapy/	7876	
17	relaxation technique*.mp.	1145	
18	relaxation exercise*.mp.	285	
19	breathing technique*.mp.	397	
20	exp Breathing Exercises/ or breathing exercise*.mp.	3336	
21	exp Massage/ or massage*.mp.	12392	
22	exp Mind-Body Therapies/	44049	
23	14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22	410179	
24	13 and 23	2172	
25	limit 24 to (meta analysis or systematic reviews)	74	
26	((systematic or method*) adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw.	484806	
27	(pooled adj1 (data or analys*)).ti,ab.	10994	
28	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab,jw.	120023	
29	26 or 27 or 28	536339	
30	24 and 29	137	
31	25 or 30	155	
32	limit 31 to (yr="2005 -Current" and (danish or english or norwegian or swedish))	130	

Database(s): **Embase** 1974 to 2016 Week 15

11-04-2016

Search Strategy::

#	Searches	Results	Annotations
1	anxiety disorder/ or anxiety disorder*.mp.	67199	
2	exp social phobia/ or social phobia.mp.	10223	
3	generalised anxiety disorders.mp. or exp generalized anxiety disorder/	7244	

4	social anxiety.mp.	5535	
5	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	10190	
6	social phob*.mp.	10351	
7	anxiety.ti,ab.	184919	
8	exp separation anxiety/	3414	
9	separation anxiet*.mp.	3948	
10	anxious.ti,ab.	17500	
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	216289	
12	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediater* or school or juvenil* or minors).mp.	3995831	
13	11 and 12	61180	
14	exp exercise/ or exercise*.mp.	405532	
15	exp physical activity/ or physical activit*.mp.	315862	
16	exp relaxation training/ or relaxation technique*.mp.	9892	
17	relaxation exercise*.mp.	435	
18	breathing technique*.mp.	647	
19	exp breathing exercise/ or breathing exercise*.mp.	5927	
20	massage*.mp. or exp massage/	18782	
21	14 or 15 or 16 or 17 or 18 or 19 or 20	665470	
22	13 and 21	2740	
23	limit 22 to (meta analysis or "systematic review")	60	
24	((systematic or method*) adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw.	745468	
25	(pooled adj1 (data or analys*)).ti,ab.	16307	
26	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	147681	
27	24 or 25 or 26	809577	
28	22 and 27	237	
29	23 or 28	247	
30	limit 29 to ((danish or english or norwegian or swedish) and yr="2005 - Current")	215	



Database(s): **PsycINFO** 1806 to April Week 1 2016

11-04-2016

Search Strategy:

#	Searches	Results	Annotations
1	Anxiety Disorders/ or anxiety disorder*.mp.	32971	
2	social phobia.mp. or exp Social Phobia/	6593	
3	(generalized anxiety disorder* or generalised anxiety disorder*).mp.	6671	
4	exp Generalized Anxiety Disorder/	2165	
5	(social anxiety or social phob*).mp.	11802	
6	anxious.ab,ti.	17223	
7	anxiety.ab,ti.	150521	
8	exp Separation Anxiety/	1461	
9	separation anxiety*.mp.	3017	
10	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9	162144	
11	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediater* or school or juvenil* or minors).mp.	1098852	
12	10 and 11	47501	
13	exp EXERCISE/ or exercise*.mp.	58816	
14	physical activity.mp. or exp Physical Activity/	39661	
15	exp movement therapy/ or exp mind body therapy/	990	
16	exp Physical Fitness/	3594	
17	exp Relaxation Therapy/ or relaxation technique*.mp.	4091	
18	relaxation exercise*.mp.	386	
19	breathing technique*.mp.	167	
20	breathing exercise*.mp.	261	
21	exp MASSAGE/ or massage*.mp.	1312	
22	13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21	82442	
23	12 and 22	1066	
24	limit 23 to ("0830 systematic review" or 1200 meta analysis)	11	
25	((systematic or method*) adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,id.	124477	
26	(pooled adj1 (data or analys*)).ti,ab.	1333	
27	25 or 26	125458	
28	23 and 27	51	

29	24 or 28	54	
30	limit 29 to ((danish or english or norwegian or swedish) and yr="2005 - Current")	44	

**Cinahl**  
**11-04-2016**

	Search Terms	Search Options	Actions
S27	S25 OR S26	Limiters - Published Date: 20050101-20161231; Language: Danish, English, Norwegian, Swedish Search modes - Boolean/Phrase	<a href="#">View Results (107)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S26	S11 AND S19	Limiters - Publication Type: Meta Analysis, Systematic Review Search modes - Boolean/Phrase	<a href="#">View Results (23)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S25	S20 AND S24	Search modes - Boolean/Phrase	<a href="#">View Results (129)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S24	S21 OR S22 OR S23	Search modes - Boolean/Phrase	<a href="#">View Results (245,479)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S23	AB (pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus)	Search modes - Boolean/Phrase	<a href="#">View Results (26,182)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S22	(pooled N1 (data or analys*))	Search modes - Boolean/Phrase	<a href="#">View Results (2,554)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S21	TX (((systematic or method*) N3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*)	Search modes - Boolean/Phrase	<a href="#">View Results (239,726)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S20	S11 AND S19	Search modes -	<a href="#">View Results (577)</a>

		Boolean/Phrase	<a href="#">View Details</a> <a href="#">Edit</a>
S19	S12 OR S13 OR S14 OR S15 OR S16 OR S17 OR S18	Search modes - Boolean/Phrase	<a href="#">View Results (144,678)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S18	"massage*" OR (MH "Massage+")	Search modes - Boolean/Phrase	<a href="#">View Results (10,165)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S17	(MH "Breathing Exercises+")	Search modes - Boolean/Phrase	<a href="#">View Results (1,191)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S16	"breathing technique*" OR "breathing exercise*"	Search modes - Boolean/Phrase	<a href="#">View Results (1,381)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S15	(MH "Relaxation Techniques+")	Search modes - Boolean/Phrase	<a href="#">View Results (6,261)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S14	"relaxation technique*" OR "relaxation exercise*"	Search modes - Boolean/Phrase	<a href="#">View Results (2,634)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S13	(MH "Physical Activity") OR "physical activit*" OR (MH "Physical Fitness+")	Search modes - Boolean/Phrase	<a href="#">View Results (39,158)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S12	(MH "Exercise+") OR "exercise*"	Search modes - Boolean/Phrase	<a href="#">View Results (107,412)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S11	S9 AND S10	Search modes - Boolean/Phrase	<a href="#">View Results (10,633)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S10	(child* or infant* or adoles* or teenager* or teen* or youth or young* or paediatr* or pediater* or school or juvenil* or minors)	Search modes - Boolean/Phrase	<a href="#">View Results (651,424)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S9	S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7 OR S8	Search modes - Boolean/Phrase	<a href="#">View Results (30,412)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S8	(MH "Separation Anxiety") OR "seperation anxiet*"	Search modes - Boolean/Phrase	<a href="#">View Results (351)</a> <a href="#">View Details</a> <a href="#">Edit</a>

S7	TI anxious OR AB anxious	Search modes - Boolean/Phrase	<a href="#">View Results (2,184)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S6	TI anxiety OR AB anxiety	Search modes - Boolean/Phrase	<a href="#">View Results (27,699)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S5	"Generalised Anxiety Disorder*"	Search modes - Boolean/Phrase	<a href="#">View Results (103)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S4	(MH "Generalized Anxiety Disorder") OR "generalized anxiety disorder*"	Search modes - Boolean/Phrase	<a href="#">View Results (631)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S3	"social anxiety*"	Search modes - Boolean/Phrase	<a href="#">View Results (661)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S2	(MH "Social Anxiety Disorders") OR "social phob*"	Search modes - Boolean/Phrase	<a href="#">View Results (629)</a> <a href="#">View Details</a> <a href="#">Edit</a>
S1	(MH "Anxiety Disorders") OR "anxiety disorder*"	Search modes - Boolean/Phrase	<a href="#">View Results (5,386)</a> <a href="#">View Details</a> <a href="#">Edit</a>

### The Cochrane Library

Search Name: Angst\_PICO8

Date Run: 11/04/16

Description:

ID	Search	Hits
#1	MeSH descriptor: [Anxiety Disorders] this term only	2266
#2	MeSH descriptor: [Anxiety, Separation] this term only	59
#3	anxiety* or anxious*:ti,ab,kw (Word variations have been searched)	24831
#4	"generalized anxiety disorder*" or "generalised anxiety disorder*":ti,ab,kw (Word variations have been searched)	1218
#5	"social phob*" or "social anxiet*":ti,ab,kw (Word variations have been searched)	1285
#6	"separation anxiet*":ti,ab,kw (Word variations have been searched)	125
#7	#1 or #2 or #3 or #4 or #5 or #6	25114
#8	child* or infant* or adoles* or teenager* or minors or teen* or youth or young* or paediatr* or pediater* or school or juvenil*:ti,ab,kw (Word variations have been searched)	225271
#9	#7 and #8	7494
#10	MeSH descriptor: [Exercise] explode all trees	16783
#11	"physical activity":ti,ab,kw (Word variations have been searched)	10854

#12	MeSH descriptor: [Relaxation Therapy] explode all trees	1639	
#13	"relaxation technique*" or "relaxation exercise*":ti,ab,kw (Word variations have been searched)	548	
#14	MeSH descriptor: [Breathing Exercises] explode all trees	663	
#15	"breathing exercise*" or "breathing technique*":ti,ab,kw (Word variations have been searched)	147	
#16	MeSH descriptor: [Massage] explode all trees	883	
#17	#10 or #11 or #12 or #13 or #14 or #15 or #16	27868	
#18	#9 and #17 Publication Year from 2005 to 2016, in Other Reviews		15

**Der er søgt 511 referencer frem, heraf er 390 unikke**