

Søgeprotokol for Nationale Kliniske Retningslinjer

Projekttitel/aspekt	NKR Behandling af lænderygsmarter – Søgning efter sekundærlitteratur
Fagkonsulent /projektleder	Mette Stochkendahl Jensen / Betina Højgaard
Søgespecialist	Kirsten Birkefoss
Senest opdateret	10.februar 2016

Fokuserede spørgsmål	<p>PICO 1. Bør patienter med nyopståede lænderygsmarter opfordres til vanlig aktivitet i hverdagslivet frem for aflastning?</p> <p>PICO 2. Bør patienter med nyopståede lænderygsmarter tilbydes individualiseret patientuddannelse i tillæg til vanlig behandling?</p> <p>PICO 3. Bør patienter med nyopståede lænderygsmarter grupperes på baggrund af modificerbare, prognostiske risikofaktorer og tilbydes gruppespecifik intervention frem for vanlig behandling?</p> <p>PICO 4. Bør patienter med nyopståede lænderygsmarter rutinemæssigt tilbydes billeddiagnostisk udredning med MR og røntgen?</p> <p>PICO 5. Bør patienter med nyopståede lænderygsmarter tilbydes ledmobiliserende teknikker i tillæg til vanlig behandling?</p> <p>PICO 6. Bør patienter med nyopståede lænderygsmarter tilbydes superviseret fysisk træning i tillæg til vanlig behandling?</p> <p>PICO 7. Bør patienter med nyopståede lænderygsmarter tilbydes akupunktur teknikker i tillæg til vanlig behandling?</p> <p>PICO 8. Bør patienter med nyopståede lænderygsmarter tilbydes paracetamol i tillæg til vanlig behandling?</p> <p>PICO 9. Bør patienter med nyopståede lænderygsmarter tilbydes opioider i tillæg til vanlig behandling?</p> <p>PICO 10. Bør patienter med nyopståede lænderygsmarter tilbydes NSAID i tillæg til vanlig behandling?</p>
Søgetermer	Se søgestrategierne under de enkelte PICOs/PIROs
Inklusions- og eksklusionskriterier	<p>Sprog: Engelsk, tysk, dansk, norsk og svensk</p> <p>År: Sidste 10 år (2005 -2016)</p> <p>Population: Voksne 18 år-</p> <p>Publikationstyper: Systematiske reviews og metaanalyser</p>

Informationskilder

DATABASE	INTERFACE	DATO FOR SØGNING
Medline	OVID	16.12.2015 – 09.02.2016
Embase	OVID	16.12.2015 – 09.02.2016
Cochrane Library	Internettet	16.12.2015 – 09.02.2016
Cinahl	EBSCO	16.12.2015 – 09.02.2016
PsycInfo	OVID	16.12.2015 – 09.02.2016
Pedro	Internettet	16.12.2015 – 09.02.2016

Note

- Søgetermer og inklusions- og eksklusionskriterier er tilpasset de enkelte databaser.
- Dubletter er så vidt muligt frasorteret ved hjælp af RefWorks. De fundne referencer overføres til Covidence (referenceværktøj)
- Fuldtekster præsenteres i Covidence i pdf-format
- Søgestrategi for hver enkelt database præsenteres – hvis muligt vises det eksplicit hvor mange referencer den enkelte søgestreng genererer

SØGESTRATEGI

Systematiske reviews og metaanalyser

PICO 1. Bør patienter med nyopståede lænderygmerter opfordres til vanlig aktivitet i hverdagslivet frem for aflastning?

Søgt 16.12.2015

MEDLINE

Database(s): **Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present**
Search Strategy:

#	Searches	Results
1	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar adj2 pain*)).ti,ab,kw,sh.	28832
2	exp Low Back Pain/	15933
3	1 or 2	28832
4	exp Activities of Daily Living/ or exp Life style/ or Motor activity/ or Recreation/ or Bed rest/	215081
5	((home* or leisure or recreation* or social or day-to-day or day to day or daily or ordinary or normal or physical or usual or gradual or graded or early or earlier) adj3 (activ* or function* or routine* or life style or lifestyle or work* or job*4)).ti,ab,kw,sh.	340729
6	(adl or (activ* adj3 (living or live*1 or life))).ti,ab,kw,sh.	59017
7	((bed adj3 rest*) or ((lifestyle* or life style*) adj3 chang*) or ((stay* or get or be or is or are or remain*) adj2 activ*) or (get* adj going) or ((get on with or go on with or continu*) adj3 (activ* or life or live*1 or living or life style or lifestyle or routine* or function* or work* or job*4)) or return to work or sick leave).ti,ab,kw,sh.	253084
8	((restrict* or reduc* or lower* or decreas* or avoid* or unnecessary*) adj3 (activit* or life style or lifestyle or routine* or function* or work* or job*4 or movement* or moves)).ti,ab,kw,sh.	285706
9	coping.ti,ab,kw,sh.	38342
10	4 or 5 or 6 or 7 or 8 or 9	1028852
11	3 and 10	5014
12	limit 11 to (systematic reviews or meta analysis)	401
13	((systematic adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw,sh,pt.	186917
14	((pooled adj1 (data or analys*)) or evidence-based).ti,ab,kw.	81180
15	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab,jw.	117430
16	13 or 14 or 15	304925
17	11 and 16	439
18	12 or 17	495
19	limit 18 to yr="2005 -Current"	391

Embase

Database(s): Embase 1974 to 2015 December 15

Search Strategy:

# Searches	Results
1 (Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar adj2 pain*)).ti,ab,kw,sh.	48995
2 exp Low Back Pain/	40959
3 1 or 2	48995
4 exp daily life activity/ or exp Lifestyle/ or Motor activity/ or Recreation/ or Bed rest/	208574
5 ((home* or leisure or recreation* or social or day-to-day or day to day or daily or ordinary or normal or physical or usual or gradual or graded or early or earlier) adj3 (activ* or function* or routine* or life style or lifestyle or work* or job*4)).ti,ab,kw,sh.	450184
6 (adl or (activ* adj3 (living or live*1 or life))).ti,ab,kw,sh.	77682
7 ((bed adj3 rest*) or ((lifestyle* or life style*) adj3 chang*) or ((stay* or get or be or is or are or remain*) adj2 activ*) or (get* adj going) or ((get on with or go on with or continu*) adj3 (activ* or life or live*1 or living or life style or lifestyle or routine* or function* or work* or job*4)) or return to work or (sick* adj1 (leave or absence))).ti,ab,kw,sh.	305563
8 ((restrict* or reduc* or lower* or decreas* or avoid* or unnecessary*) adj3 (activit* or life style or lifestyle or routine* or function* or work* or job*4 or movement* or moves)).ti,ab,kw,sh.	353571
9 coping.ti,ab,kw,sh.	50824
10 4 or 5 or 6 or 7 or 8 or 9	1244296
11 3 and 10	7064
12 limit 11 to ("systematic review" or meta analysis)	294
13 ((systematic adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw,sh,pt.	253293
14 ((pooled adj1 (data or analys*)) or evidence-based).ti,ab,kw.	109098
15 (pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab,jw.	144532
16 13 or 14 or 15	407061
17 11 and 16	645
18 12 or 17	655
19 limit 18 to yr="2005 -Current"	537

PsycInfo

Database(s): PsycINFO 1806 to December Week 2 2015

Search Strategy:

# Searches	Results
1 (Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar adj2 pain*)).ti,ab,id,sh.	3050
2 exp Back Pain/	3146
3 1 or 2	3961
4 exp "activities of daily living"/ or exp activity level/ or exp daily activities/ or exp Lifestyle/ or physical activity/ or exp active living/ or exp activity level/	35943
5 ((home* or leisure or recreation* or social or day-to-day or day to day or daily or ordinary or normal or	165853

	physical or usual or gradual or graded or early or earlier) adj3 (activ* or function* or routine* or life style or lifestyle or work* or job*4)).ti,ab,id,sh.	
6	(adl or (activ* adj3 (living or live*1 or life))).ti,ab,id,sh.	13770
7	((bed adj3 rest*) or ((lifestyle* or life style*) adj3 chang*) or ((stay* or get or be or is or are or remain*) adj2 activ*) or (get* adj going) or ((get on with or go on with or continu*) adj3 (activ* or life or live*1 or living or life style or lifestyle or routine* or function* or work* or job*4)) or return to work or (sick* adj1 (leave or absence))).ti,ab,id,sh.	45411
8	((restrict* or reduc* or lower* or decreas* or avoid* or unnecessary*) adj3 (activit* or life style or lifestyle or routine* or function* or work* or job*4 or movement* or moves)).ti,ab,id,sh.	40233
9	coping.ti,ab,id,sh.	65107
10	4 or 5 or 6 or 7 or 8 or 9	311932
11	3 and 10	1117
12	limit 11 to ("0830 systematic review" or 1200 meta analysis)	30
13	((systematic adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,id,sh,md.	43314
14	((pooled adj1 (data or analys*)) or evidence-based).ti,ab.	29704
15	13 or 14	70596
16	11 and 15	72
17	12 or 16	72
18	limit 17 to yr="2005 -Current"	62

Cochrane

ID	Search	Hits
#1	[mh ^"Low back pain"]	2177
#2	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar near/2 pain*)):ti,ab,kw	6583
#3	#1 or #2	6583
#4	MeSH descriptor: [Bed Rest] explode all trees	393
#5	MeSH descriptor: [Activities of Daily Living] explode all trees	4013
#6	MeSH descriptor: [Life Style] explode all trees	2921
#7	((home* or leisure or recreation* or social or day-to-day or day to day or daily or ordinary or normal or physical or usual or gradual or graded or early or earlier) near/3 (activ* or function* or routine* or life style or lifestyle or work* or job*))	38192
#8	adl or (activ* near/3 (living or live or lives or life))	9226
#9	((bed near/3 rest*) or ((lifestyle* or life style*) near/3 chang*) or ((stay* or get or be or is or are or remain*) near/2 activ*) or (get* adj going) or ((get on with or go on with or continu*) near/3 (activ* or life or live or lives or living or life style or lifestyle or routine* or function* or work* or job*)) or return to work or (sick* near/1 (leave or absence)))	16054
#10	((restrict* or reduc* or lower* or decreas* or avoid* or unnecessary*) near/3 (activit* or life style or lifestyle or routine* or function* or work* or job* or movement* or moves))	15754
#11	coping	4276
#12	(#4 or #5 or #6 or #7 or #8 or #9 or #10 or #11):ti,ab,kw	65191
#13	#3 and #12	1410
#14	#13 Publication Year from 2005 to 2015, in Cochrane Reviews (Reviews and Protocols) and Other Reviews	171

Cinahl

#	Query	Limiters/Expanders	Results
S18	S3 AND S12 AND S16	Limiters - Published Date: 20050101-20151231	248
S17	S3 AND S12 AND S16		345
S16	S13 OR S14 OR S15		126,367
S15	(pooled N1 (data or analys*))		2,490
S14	((systematic or method*) N3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*		119,549
S13	PT (Systematic Review or Meta Analysis)		40,905
S12	S4 OR S5 OR S6 OR S7 OR S8 OR S9 OR S10 OR S11		287,009
S11	coping		29,770
S10	((restrict* or reduc* or lower* or decreas* or avoid* or unnecessary*) N3 (activit* or (life NO style) or lifestyle or routine* or function* or work* or job* or movement* or moves))		25,048
S9	((bed N3 rest*) or ((lifestyle* or (life NO style*)) N3 chang*) or ((stay* or get or be or is or are or remain*) N2 activ*) or (get* NO going) or (((get NO on NO with) or (go NO on NO with) or continu*) N3 (activ* or life or live or lives or living or (life NO style) or lifestyle or routine* or function* or work* or job*)) or "return to work" or (sick* N1 (leave or absence)))		23,725
S8	(adl or (activ* N3 (living or lives or live or life)))		24,619
S7	((home* or leisure or recreation* or social or day-to-day or day to day or daily or ordinary or normal or physical or usual or gradual or graded or early or earlier) N3 (activ* or function* or routine* or life style or lifestyle or work* or job*))		119,906
S6	(MH "Bed Rest")		833
S5	(MH "Life Style+") OR (MH "Life Style, Sedentary") OR (MH "Life Style Changes")		112,881
S4	(MH "Activities of Daily Living+") OR (MH "Instrumental Activities of Daily Living Alteration (Saba CCC)") OR (MH "Instrumental Activities of Daily Living (Saba CCC)") OR (MH "Activities of Daily Living Alteration (Saba CCC)") OR (MH "Activities of Daily Living (Saba CCC)") OR (MH "Altered Activities of Daily Living (NANDA)+")		33,030
S3	s1 or s2		12,211
S2	MH Low Back Pain		10,345
S1	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar N2 pain*))		12,211

Pedro

Abstract & Title: "Low back pain"

Body part: lumbar spine, sacroiliac or pelvis

Method: systematic review

Published since: 2005

Match all terms: AND

PICO 2. Bør patienter med nyopståede lænderygsmærter tilbydes individualiseret patientuddannelse i tillæg til vanlig behandling?

Søgt 17.12.2015

MEDLINE

Database(s): **Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present**
Search Strategy:

#	Searches	Results
1	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar adj2 pain*)).ti,ab,kw,sh.	28726
2	exp Low Back Pain/	15837
3	1 or 2	28726
4	exp Patient Education as Topic/ or exp patient education/ or exp patient guidance/ or exp patient information/ or exp Cognitive therapy/ or psychotherapy/	133665
5	((cognitive adj3 (therap* or approach*)) or cbt or psychoeducat* or psycho-educat* or reassurance).ti,ab,kw.	25393
6	((informati* or educat* or Counsel* or council* or Course* or Coach* or session* or consult* or guid* or advic* or advis* or interview*) adj10 (patient* or tailor* or individual or client-cent* or client-focus* or person-cent* or person-focus*)).ti,ab,kw,sh.	434468
7	((mentali#ation* or visuali* or cris#s or Interpersonal or Desensiti#ation or Relaxation) adj3 (therap* or management* or model* or program* or treat* or care or training or rehabilitation or tool*)).ti,ab,kw.	16548
8	4 or 5 or 6 or 7	560014
9	3 and 8	2714
10	limit 9 to (systematic reviews or meta analysis)	263
11	((systematic adj3 (review* or overview* or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw,sh,pt.	173093
12	(pooled adj1 (data or analys*)).ti,ab,kw.	10884
13	(pubmed or medline or embase or psycinfo or psychinfo).ti,ab.	107392
14	cochrane.jw.	12405
15	11 or 12 or 13 or 14	229224
16	9 and 15	198
17	10 or 16	297
18	limit 17 to yr="2005 -Current"	227

Embase

Database(s): **Embase** 1974 to 2015 December 16
Search Strategy:

#	Searches	Results
1	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar adj2 pain*)).ti,ab,kw,sh.	49004
2	exp Low Back Pain/	40967
3	1 or 2	49004

4	exp Patient Education as Topic/ or exp patient education/ or exp patient guidance/ or exp patient information/ or exp patient counseling/ or health education/ or exp psychoeducation/	228800
5	exp Cognitive therapy/ or psychotherapy/	115901
6	((cognitive adj3 (therap* or approach*)) or cbt or psychoeducat* or psycho-educat* or reassurance).ti,ab,kw.	39310
7	((informati* or educat* or Counsel* or council* or Course* or Coach* or session* or consult* or guid* or advic* or advis* or interview*) adj10 (patient* or tailor* or individual or client-cent* or client-focus* or person-cent* or person-focus*)).ti,ab,kw,sh.	717500
8	((mentali#ation* or visuali* or cris#s or Interpersonal or Desensiti#ation or Relaxation) adj3 (therap* or management* or model* or program* or treat* or care or training or rehabilitation or tool*)).ti,ab,kw.	21414
9	4 or 5 or 6 or 7 or 8	1004852
10	3 and 9	5128
11	limit 10 to ("systematic review" or meta analysis)	212
12	((systematic adj3 (review* or overview* or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw,sh,pt.	239759
13	(pooled adj1 (data or analys*)).ti,ab,kw.	15669
14	(pubmed or medline or embase or psycinfo or psychinfo).ti,ab.	131420
15	cochrane.jx.	12989
16	12 or 13 or 14 or 15	311927
17	10 and 16	404
18	11 or 17	424
19	limit 18 to ((danish or english or german or norwegian or swedish) and yr="2005 -Current")	336

PsycInfo

Database(s): **PsycINFO** 1806 to December Week 2 2015

Search Strategy:

#	Searches	Results
1	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar adj2 pain*)).ti,ab,id,sh.	3050
2	exp Back Pain/	3146
3	1 or 2	3050
4	exp client education/ or exp psychoeducation/ or health education/ or counseling/ or exp educational counseling/ or exp rehabilitation counseling/ or exp cognitive behavior therapy/ or psychotherapy/	98156
5	((cognitive adj3 (therap* or approach*)) or cbt or psychoeducat* or psycho-educat* or reassurance).ti,ab,id.	43439
6	((informati* or educat* or Counsel* or council* or Course* or Coach* or session* or consult* or guid* or advic* or advis* or interview*) adj10 (patient* or tailor* or individual or client-cent* or client-focus* or person-cent* or person-focus*)).ti,ab,id,sh.	109116
7	((mentali#ation* or visuali* or cris#s or Interpersonal or Desensiti#ation or Relaxation) adj3 (therap* or management* or model* or program* or treat* or care or training or rehabilitation or tool*)).ti,ab,id.	16056
8	4 or 5 or 6 or 7	233728
9	3 and 8	403
10	limit 9 to ("0830 systematic review" or 1200 meta analysis)	12
11	((systematic adj3 (review* or overview* or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,id,sh,md.	40209

12 (pooled adj1 (data or analys*)).ti,ab,id.	1299
13 (pubmed or medline or embase or psycinfo or psychinfo).ti,ab.	3750748
14 cochrane.jx.	0
15 11 or 12 or 13 or 14	3751019
16 9 and 15	393
17 10 or 16	393
18 limit 17 to yr="2005 -Current"	245

Cochrane Library

ID	Search	Hits
#1	Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar near/2 pain*)	8431
#2	MeSH descriptor: [Low Back Pain] explode all trees	2177
#3	(#1 or #2):ti,ab,kw	8431
#4	MeSH descriptor: [Patient Education as Topic] explode all trees	6777
#5	MeSH descriptor: [Early Intervention (Education)] explode all trees	293
#6	MeSH descriptor: [Cognitive Therapy] explode all trees	5369
#7	((cognitive near/3 (therap* or approach*)) or cbt or psychoeducat* or psycho-educat* or reassurance):ti,ab,kw	11693
#8	((informati* or educat* or Counsel* or council* or Course* or Coach* or session* or consult* or guid* or advic* or advis* or interview*) near/6 (patient* or tailor* or individual or client-cent* or client-focus* or person-cent* or person-focus*)):ti,ab,kw	32880
#9	((mentali?ation* or visuali* or cris?s or Interpersonal or Desensiti?ation or Relaxation) near/3 (therap* or management* or model* or program* or treat* or care or training or rehabilitation or tool*)):ti,ab,kw	4095
#10	(#4 or #5 or #6 or #7 or #8 or #9)	46062
#11	#3 and #10	1063
#12	#11 Publication Year from 2005 to 2015, in Cochrane Reviews (Reviews and Protocols) and Other Reviews	341

Cinahl

#	Query	Limiters/Expanders	Results
S15	s9 and s13	Limiters - Published Date: 20050101-20161231	147
S14	s9 and s13		208
S13	S10 OR S11 OR S12		126,401
S12	(pooled N1 (data or analys*))		2,491
S11	((systematic or method*) N3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*		119,583
S10	PT (Systematic Review or Meta Analysis)		40,905
S9	s3 and s8		1,401
S8	s4 or s5 or s6 or s7		161,461

S7	(mentali?ation* or visuali* or cris?s or Interpersonal or Desensiti?ation or Relaxation) N3 (therap* or management* or model* or program* or treat* or care or training or rehabilitation or tool*)		4,484
S6	(informati* or educat* or Counsel* or council* or Course* or Coach* or session* or consult* or guid* or advic* or advis* or interview*) N10 (patient* or tailor* or individual or client-cent* or client-focus* or person-cent* or person-focus*)		131,534
S5	((cognitive N3 (therap* or approach*)) or cbt or psychoeducat* or psycho-educat* or reassurance)		14,037
S4	MH ("Patient Education as Topic+" or "Psychoeducation+" or "patient education+" or "patient guidance+" or "patient information+" or "Cognitive therapy+" or "psychotherapy")		67,854
S3	s1 or s2		12,463
S2	MH Low Back Pain		10,347
S1	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar N2 pain*))		12,463

Pedro

Abstract & Title: "Low back pain"

Therapy: education

Method: systematic review

Published since: 2005

Match all terms: AND

PICO 3. Bør patienter med nyopståede lænderygmerter grupperes på baggrund af modificerbare, prognostiske risikofaktorer og tilbydes gruppespecifik intervention frem for vanlig behandling?

Søgt 19.12.2015

Database(s): Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present
Search Strategy:

#	Searches	Results
1	exp Low Back Pain/	15933
2	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar adj2 pain*)).ti,ab,kw,sh.	28832
3	1 or 2	28832
4	Psychology/ or exp Patient Selection/ or exp Catastrophization/	76771
5	(STarT Back adj3 (tool* or pathway or protocol*)).ti,ab,kw,sh.	40
6	((Stratif* or tailor* or target* or tailor* or subgroup* or sub-group*) adj6 (patient* or treatment* or intervention* or outcome* or tool* or care)).ti,ab,kw,sh.	209368
7	((Psychological or psychosocial or social or clinical) adj3 (risk* or Effect* or factor* or aspect* or barrier* or prognos* or predict* or marker* or influenc*)).ti,ab,kw,sh.	221279
8	(catastroph* or depressi* or anxiety or yellow flag* or (fear adj3 (avoidance or change* or disability or pain or belief*)).ti,ab,kw.	378384
9	4 or 5 or 6 or 7 or 8	837979
10	exp Questionnaires/	349875
11	exp "Outcome Assessment (Health Care)"/	802931
12	exp Patient Outcome Assessment/	1848
13	(screening* or screen*2 or diagnos* or evaluat* or estimat* or identif* or test*3 or detect* or assess* or monitoring or scor*3 or measur* or determ* or (clinical adj3 examinat*) or predict* or risk* or criteria* or symptom* or characteristic* or classif* or define* or definition* or core feature* or modifiable).ti,ab,kw.	12503464
14	(tool* or test* or instrument* or inventor* or scale or scales or measur* or rule* or protocol* or pathway* or outcome* or algorithm* or questionnaire* or interview* or ((inquiry or patient) adj3 form*)).ti,ab,kw.	7021828
15	10 or 11 or 12 or (13 and 14)	6735072
16	3 and 9 and 15	3041
17	limit 16 to (systematic reviews or meta analysis)	245
18	((systematic adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw,sh,pt.	186917
19	((pooled adj1 (data or analys*)) or evidence-based).ti,ab,kw.	81180
20	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	116937
21	cochrane.jw.	12511
22	18 or 19 or 20 or 21	304925
23	16 and 22	278
24	17 or 23	327
25	limit 24 to (yr="2005 -Current" and (danish or english or german or norwegian or swedish))	276

Embase

Database(s): **Embase** 1974 to 2015 December 18

Search Strategy:

#	Searches	Results
1	exp Low Back Pain/	40970
2	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar adj2 pain*)).ti,ab,kw,sh.	49008
3	1 or 2	49008
4	exp Psychological aspect/ or exp psychological assessment/ or exp Patient Selection/ or exp Catastrophizing/	578168
5	(STarT Back adj3 (tool* or pathway or protocol*)).ti,ab,kw,sh.	42
6	((Stratif* or tailor* or target* or tailor* or subgroup* or sub-group*) adj6 (patient* or treatment* or intervention* or outcome* or tool* or care)).ti,ab,kw,sh.	322215
7	((Psychological or psychosocial or social or clinical) adj3 (risk* or Effect* or factor* or aspect* or barrier* or prognos* or predict* or marker* or influenc*)).ti,ab,kw,sh.	305424
8	(catastroph* or depressi* or anxiety or yellow flag* or (fear adj3 (avoidance or change* or disability or pain or belief*))).ti,ab,kw.	505138
9	4 or 5 or 6 or 7 or 8	1153655
10	exp Questionnaires/	474450
11	exp "Outcome Assessment (Health Care)"/	306406
12	exp Patient Outcome Assessment/	306406
13	(screening* or screen*2 or diagnos* or evaluat* or estimat* or identif* or test*3 or detect* or assess* or monitoring or scor*3 or measur* or determ* or (clinical adj3 examinat*) or predict* or risk* or criteria* or symptom* or characteristic* or classif* or define* or definition* or core feature* or modifiable).ti,ab,kw.	15287859
14	(tool* or test* or instrument* or inventor* or scale or scales or measur* or rule* or protocol* or pathway* or outcome* or algorithm* or questionnaire* or interview* or ((inquiry or patient) adj3 form*)).ti,ab,kw.	8760344
15	10 or 11 or 12 or (13 and 14)	8072411
16	3 and 9 and 15	4212
17	limit 16 to ("systematic review" or meta analysis)	181
18	((systematic adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw,sh,pt.	253454
19	((pooled adj1 (data or analys*)) or evidence-based).ti,ab,kw.	109149
20	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	142578
21	cochrane.jx.	12989
22	18 or 19 or 20 or 21	407292
23	16 and 22	403
24	17 or 23	413
25	limit 24 to (yr="2005 -Current" and (danish or english or german or norwegian or swedish))	348

PsycINFO

Database(s): **PsycINFO** 1806 to December Week 3 2015

Search Strategy:

#	Searches	Results
1	exp Back Pain/	3147
2	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar adj2 pain*)).ti,ab,id,sh.	3052
3	1 or 2	3963
4	exp psychological assessment/ or exp Patient Selection/ or exp Psychosocial factors/	65804
5	(STarT Back adj3 (tool* or pathway or protocol*).ti,ab,id,sh.	11
6	((Stratif* or tailor* or target* or tailor* or subgroup* or sub-group*) adj6 (patient* or treatment* or intervention* or outcome* or tool* or care)).ti,ab,id,sh.	39219
7	((Psychological or psychosocial or social or clinical) adj3 (risk* or Effect* or factor* or barrier* or prognos* or predict* or marker* or influenc*).ti,ab,id,sh.	125163
8	(catastroph* or depressi* or anxiety or yellow flag* or (fear adj3 (avoidance or change* or disability or pain or belief*))).ti,ab,id.	327148
9	4 or 5 or 6 or 7 or 8	505933
10	exp Questionnaires/	15771
11	(screening* or screen*2 or diagnos* or evaluat* or estimat* or identif* or test*3 or detect* or assess* or monitoring or scor*3 or measur* or determ* or (clinical adj3 examinat*) or predict* or risk* or criteria* or symptom* or characteristic* or classif* or define* or definition* or core feature* or modifiable).ti,ab,id.	2537589
12	(tool* or test* or instrument* or inventor* or scale or scales or measur* or rule* or protocol* or pathway* or outcome* or algorithm* or questionnaire* or interview* or ((inquiry or patient) adj3 form*).ti,ab,id.	1785558
13	10 or (11 and 12)	1555728
14	3 and 9 and 13	1038
15	limit 14 to ("0830 systematic review" or 1200 meta analysis)	17
16	((systematic adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,id,sh,md.	43375
17	((pooled adj1 (data or analys*)) or evidence-based).ti,ab,id.	31228
18	39 or 40	72032
19	37 and 41	33
20	38 or 42	33
21	limit 43 to yr="2005 -Current"	29

Cochrane

ID	Search	Hits
#1	[mh ^"Low back pain"]	2177
#2	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar near/2 pain*)):ti,ab,kw	6583
#3	#1 or #2	6583
#4	MeSH descriptor: [Psychology] explode all trees	895
#5	MeSH descriptor: [Patient Selection] explode all trees	3015
#6	MeSH descriptor: [Catastrophization] explode all trees	38

#7	(STarT Back near/3 (tool* or pathway or protocol*)):ti,ab,kw	11
#8	((Stratif* or tailor* or target* or tailor* or subgroup* or sub-group*) near/6 (patient* or treatment* or intervention* or outcome* or tool* or care)):ti,ab,kw	22785
#9	((Psychological or psychosocial or social or clinical) near/3 (risk* or aspect* or Effect* or factor* or barrier* or prognos* or predict* or marker* or influenc*)):ti,ab,kw	52329
#10	(catastroph* or depressi* or anxiety or yellow flag* or (fear near/3 (avoidance or change* or disability or pain or belief*)):ti,ab,kw	54861
#11	#4 or #5 or #6 or #7 or #8 or #9 or #10	122124
#12	MeSH descriptor: [Questionnaires] explode all trees	17834
#13	MeSH descriptor: [Outcome Assessment (Health Care)] explode all trees	102998
#14	MeSH descriptor: [Patient Outcome Assessment] explode all trees	30
#15	(screening* or diagnos* or evaluat* or estimat* or identif* or test* or detect* or assess* or monitoring or scor* or measur* or determ* or (clinical near/3 examinat*) or predict* or risk* or criteria* or symptom* or characteristic* or classif* or define* or definition* or core feature* or modifiable):ti,ab,kw	644788
#16	(tool* or test* or instrument* or inventor* or scale or scales or measur* or rule* or protocol* or pathway* or outcome* or algorithm* or questionnaire* or interview* or ((inquiry or patient) near/3 form*)):ti,ab,kw	500948
#17	#12 or #13 or #14 or (#15 and #16)	479978
#18	#3 and #11 and #17 Publication Year from 2005 to 2015, in Cochrane Reviews (Reviews and Protocols) and Other Reviews	45

Cinahl

#	Query	Limiters/Expanders	Results
S18	S3 AND S9 AND S13 AND S16	Limiters - Published Date: 20050101-20151231; Language: Danish, English, German, Norwegian, Swedish	236
S17	S3 AND S9 AND S13 AND S16		289
S16	S14 OR S15		126,458
S15	((systematic or method*) N3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly* or (pooled N1 (data or analys*))		120,884
S14	PT (Systematic Review or Meta Analysis)		40,905
S13	s10 or (s11 and s12)		976,872
S12	(tool* or test* or instrument* or inventor* or scale or scales or measur* or rule* or protocol* or pathway* or outcome* or algorithm* or questionnaire* or interview* or ((inquiry or patient) N3 form*))		1,109,354
S11	(screening* or diagnos* or evaluat* or estimat* or identif* or test* or detect* or assess* or monitoring or scor* or measur* or determ* or (clinical N3 examinat*) or predict* or risk* or criteria* or symptom* or characteristic* or classif* or define* or definition* or core feature* or modifiable)		1,568,982
S10	(MH "Questionnaires+") OR (MH "Outcome Assessment (Health		198,537

	Care+) OR (MH "Patient Outcome Assessment+"))	
S9	s4 or s5 or s6 or s7 or s8	366,437
S8	(catastroph* or depressi* or anxiety or yellow flag* or (fear N3 (avoidance or change* or disability or pain or belief*)))	96,970
S7	((Psychological or psychosocial or social or clinical) N3 (risk* or Effect* or factor* or barrier* or prognos* or predict* or marker* or influenc*))	238,500
S6	((Stratif* or tailor* or target* or tailor* or subgroup* or sub-group*) N6 (patient* or treatment* or intervention* or outcome* or tool* or care))	31,913
S5	(STarT Back N3 (tool* or pathway or protocol*))	20
S4	(MH "Psychology") OR (MH "Patient Selection+") OR (MH "Catastrophization+") OR (MH "Psychosocial Aspects of Illness+")	64,431
S3	s1 or s2	12,467
S2	MH Low Back Pain	10,348
S1	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar N2 pain*))	12,467

Pedro

Abstract & Title: "Low back pain"
 Body part: lumbar spine, sacroiliac or pelvis
 Method: systematic review
 Published since: 2005
 Match all terms: AND

PICO 4. Bør patienter med nyopståede lænderygmerter rutinemæssigt tilbydes billeddiagnostisk udredning med MR og røntgen?

Søgt 19.12.2015

Medline

Database(s): Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present
 Search Strategy:

#	Searches	Results
1	exp Low Back Pain/	15933
2	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar adj2 pain*)).ti,ab,kw,sh.	28832
3	1 or 2	28832
4	exp Diagnostic Imaging/	1891404
5	((diagnostic* or therapeut*) adj3 imag*) or radiograph* or X-ray or xray or MRI or fMRI or magnetic	1175349

resonance imag* or nuclear magnetic resonance or tomography or Bone Densitometry or Bone Density Scan* or DXA or ultrasound or ultrasonography or sonograph* or echosonograph* or DEXA or (CT adj3 (scan* or x-ray* or xray or imag*))).ti,ab,kw.

6	4 or 5	2469058
7	3 and 6	7466
8	limit 7 to (systematic reviews or meta analysis)	191
9	((systematic adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw,sh,pt.	186917
10	((pooled adj1 (data or analys*)) or evidence-based).ti,ab,kw.	81180
11	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	116937
12	cochrane.jw.	12511
13	9 or 10 or 11 or 12	304925
14	7 and 13	210
15	8 or 14	271
16	limit 15 to (yr="2005 -Current" and (danish or english or german or norwegian or swedish))	208

Embase

Database(s): **Embase** 1974 to 2015 December 18

Search Strategy:

#	Searches	Results
1	exp Low Back Pain/	40970
2	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar adj2 pain*)).ti,ab,kw,sh.	49008
3	1 or 2	49008
4	"imaging and display"/ or diagnostic imaging/ or digital imaging/ or nuclear magnetic resonance imaging/ or three dimensional imaging/ or whole body imaging/	696416
5	exp electromagnetic radiation/	387855
6	tomography/ or computer assisted tomography/ or emission tomography/ or optical coherence tomography/ or whole body tomography/	613469
7	exp bone densitometry/	3890
8	exp nuclear magnetic resonance/	943450
9	exp dual energy x ray absorptiometry/	24819
10	exp echography/	591362
11	exp ultrasound/	124986
12	((diagnostic* or therapeut*) adj3 imag*) or radiograph* or X-ray or xray or MRI or fMRI or magnetic resonance imag* or nuclear magnetic resonance or tomography or Bone Densitometry or Bone Density Scan* or DXA or ultrasound or ultrasonography or sonograph* or echosonograph* or DEXA or (CT adj3 (scan* or x-ray* or xray or imag*))).ti,ab,kw.	1538638
13	4 or 5 or 6 or 7 or 8 or 9 or 10 or 11 or 12	2935260
14	3 and 13	14592
15	limit 14 to ("systematic review" or meta analysis)	139
16	((systematic adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw,sh,pt.	253454
17	((pooled adj1 (data or analys*)) or evidence-based).ti,ab,kw.	109149

18 (pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	142578
19 cochrane.jx.	12989
20 16 or 17 or 18 or 19	407292
21 14 and 20	388
22 15 or 21	406
23 limit 22 to (yr="2005 -Current" and (danish or english or german or norwegian or swedish))	330

Cochrane Library

ID	Search	Hits
#1	MeSH descriptor: [Low Back Pain] explode all trees	2177
#2	(((low or lower) next back next pain*) or ((low or lower) next back next ache*) or ((low or lower) next backache*) or lumbago or (lumbar near/2 pain)):ti,ab,kw	5510
#3	#1 or #2	5510
#4	MeSH descriptor: [Diagnostic Imaging] explode all trees	32137
#5	(((diagnostic* or therapeut*) near/3 imag*) or radiograph* or X-ray or xray or MRI or fMRI or magnetic resonance imag* or nuclear magnetic resonance or tomography or Bone Densitometry or Bone Density Scan* or DXA or ultrasound or ultrasonography or sonograph* or echosonograph* or DEXA or (CT near/3 (scan* or x-ray* or imag*))) .ti,ab,kw.	376
#6	#4 or #5	32504
#7	#3 and #6	167
#8	#7 Publication Year from 2005 to 2015, in Cochrane Reviews (Reviews and Protocols) and Other Reviews	10

PICO 5. Bør patienter med nyopståede lænderygmerter tilbydes ledmobiliserende teknikker i tillæg til vanlig behandling?

Søgt 21.12.2015

Medline

Database(s): **Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R)** 1946 to Present
Search Strategy:

#	Searches	Results
1	exp Low Back Pain/	15933
2	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar adj2 pain*)).ti,ab,kw,sh.	28832
3	1 or 2	28832
4	exp Musculoskeletal manipulations/	13364
5	(manipulat* or mobili#* or manual therap* or massage or mobili#ation or reflexolog* or adjustment* or cyriax or High velocity or low amplitude or Subluxation or Joint dysfunction or hypomobility or muscle energy technique* or craniosacral therap* or cranio-sacral therap* or therapeutic touch or massotherapy or stretching).ti,ab,kw,kf,sh.	504483
6	(vibration adj5 (therap* or treatment*)).ti,ab,kw,sh.	746
7	(flexion adj2 distraction).ti,ab,kw,sh.	239
8	4 or 5 or 6 or 7	506917
9	3 and 8	2861
10	limit 9 to (systematic reviews or meta analysis)	264
11	((systematic adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw,sh,pt.	186917
12	((pooled adj1 (data or analys*)) or evidence-based).ti,ab,kw.	81180
13	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	116937
14	cochrane.jw.	12511
15	11 or 12 or 13 or 14	304925
16	9 and 15	303
17	10 or 16	361
18	limit 17 to (yr="2005 -Current" and (danish or english or german or norwegian or swedish))	250

Embase

Database(s): **Embase** 1974 to 2015 December 18
Search Strategy:

#	Searches	Results
1	exp Low Back Pain/	40970
2	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar adj2 pain*)).ti,ab,kw,sh.	49008
3	1 or 2	49008
4	exp Manipulative medicine/	29260

5	(manipulat* or mobili#* or manual therap* or massage or mobili#ation or reflexolog* or adjustment* or cyriax or High velocity or low amplitude or Subluxation or Joint dysfunction or hypomobility or muscle energy technique* or craniosacral therap* or cranio-sacral therap* or therapeutic touch or massotherapy or stretching).ti,ab,kw,kf,sh.	617016
6	(vibration adj5 (therap* or treatment*)).ti,ab,kw,sh.	1261
7	(flexion adj2 distraction).ti,ab,kw,sh.	268
8	4 or 5 or 6 or 7	625590
9	3 and 8	5110
10	limit 9 to ("systematic review" or meta analysis)	258
11	((systematic adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw,sh,pt.	253454
12	((pooled adj1 (data or analys*)) or evidence-based).ti,ab,kw.	109149
13	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	142578
14	cochrane.jx.	12989
15	11 or 12 or 13 or 14	407292
16	9 and 15	569
17	10 or 16	592
18	limit 17 to (yr="2005 -Current" and (danish or english or german or norwegian or swedish))	435

Cochrane Library

ID	Search	Hits
#1	[mh ^"Low back pain"]	2177
#2	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar near/2 pain*)):ti,ab,kw	6583
#3	#1 or #2	6583
#4	MeSH descriptor: [Musculoskeletal Manipulations] explode all trees	2026
#5	(manipulat* or mobili* or manual therap* or massage or reflexolog* or adjustment* or cyriax or High velocity or low amplitude or Subluxation or Joint dysfunction or hypomobility or muscle energy technique* or craniosacral therap* or cranio-sacral therap* or therapeutic touch or massotherapy or stretching):ti,ab,kw	33660
#6	(vibration near/5 (therap* or treatment*)) :ti,ab,kw	2
#7	(flexion near/2 distraction):ti,ab,kw	16
#8	#4 or #5 or #6 or #7	33978
#9	#3 and #8 Publication Year from 2005 to 2015, in Cochrane Reviews (Reviews and Protocols) and Other Reviews	67

Cinahl

#	Query	Limiters/Expanders	Results
S13	S3 AND S8 AND S11	Limiters - Published Date: 20050101-20151231; Language: Danish, English, German, Norwegian, Swedish	175
S12	S3 AND S8 AND S11		272

S11	S9 OR S10	126,458
S10	PT (Systematic Review or Meta Analysis)	40,905
S9	((systematic or method*) N3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly* or (pooled N1 (data or analys*))	120,884
S8	s4 or s5 or s6 or s7	91,251
S7	(flexion N2 distraction)	80
S6	(vibration N5 (therap* or treatment*))	300
S5	(manipulat* or mobili* or manual therap* or massage or reflexolog* or adjustment* or cyriax or High velocity or low amplitude or Subluxation or Joint dysfunction or hypomobility or muscle energy technique* or craniosacral therap* or cranio-sacral therap* or therapeutic touch or massotherapy or stretching)	81,335
S4	(MH "Manual therapy+")	25,749
S3	s1 or s2	12,467
S2	MH Low Back Pain	10,348
S1	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar N2 pain*))	12,467

Pedro

Abstract & Title: "Low back pain"

Therapy: stretching, mobilisation, manipulation, massage

Method: systematic review

Published since: 2005

Match all terms: AND

PICO 6. Bør patienter med nyopståede lænderygsmarter tilbydes superviseret fysisk træning i tillæg til vanlig behandling?

30.01.2016

Medline

Database(s): **Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present**
Search Strategy:

#	Searches	Results
1	exp Low Back Pain/	16174
2	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar adj3 pain*)).ti,ab,kw.	24309
3	1 or 2	29012
4	exp exercise/	134044
5	exp exercise therapy/	34668
6	exp Sports/	140276
7	exp Physical Exertion/	53734
8	exp Muscle strength/	21005
9	exp Exercise Movement Techniques/	5886
10	exp "Physical Education and Training"/	14138
11	exp Hydrotherapy/	18174
12	Weight-Bearing/	16229
13	Tai Ji/	713
14	Yoga/	1770
15	(exercis* or train* or strengthen* or ((muscl* or resistance or physical or endurance or strength* or balance or aquatic* or trunk) adj3 (train* or exercise* or strength* or fit* or condition*))).ti,ab,kw,sh.	860218
16	(aerobic* or anaerobic* or movement therapy or watergym* or water gym* or aquagym or gym* or hydrotherap* or (warm water adj4 (exercis* or train* or rehab)) or pilates or spinning).ti,ab,kw.	123165
17	(running or Skate* or skating or skiing or nordic walking or Jog* or zumba or Swim* or Bicycl* or cycling or walk* or powerwalk* or rowing or pacing or paced or titreted or soccer or ball game* or (play* adj2 ball) or (weight* adj3 (lift* or train* or exercis*))).ti,ab,kw.	254127
18	(yoga or tai ji or tai chi or qigong or qi-gong).ti,ab,kw.	3895
19	((mckenzie or mechanical or Alexander or William or Feldenkrais) adj2 (technique* or model* or tool* or exercise* or therapy)).ti,ab,kw,sh.	5121
20	4 or 5 or 6 or 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18 or 19	1252430
21	3 and 20	5742
22	limit 21 to (systematic reviews or meta analysis)	488
23	((systematic adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw,sh,pt.	181310
24	(pooled adj1 (data or analys*)).ti,ab.	10483
25	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab,jw.	114971
26	23 or 24 or 25	239246
27	21 and 26	439
28	22 or 27	560

29 limit 28 to (yr="2005 -Current" and (danish or english or german or norwegian or swedish))

410

Embase

Database(s): **Embase** 1974 to 2016 January 29

Search Strategy:

#	Searches	Results
1	exp Low Back Pain/	41258
2	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar adj3 pain*)).ti,ab,kw.	33828
3	1 or 2	49920
4	exp exercise/	246362
5	exp exercise therapy/	55812
6	exp Sports/	116308
7	exp Physical Exertion/	246362
8	exp Muscle strength/	41298
9	exp Exercise Movement Techniques/	55812
10	exp "Physical Education and Training"/	10918
11	exp Hydrotherapy/	3733
12	Weight-Bearing/	22068
13	Tai Chi/	1815
14	Yoga/	4961
15	(exercis* or train* or strengthen* or ((muscl* or resistance or physical or endurance or strength* or balance or aquatic* or trunk) adj3 (train* or exercise* or strength* or fit* or condition*))).ti,ab,kw,sh.	1122761
16	(aerobic* or anaerobic* or movement therapy or waterygym* or water gym* or aquagym or gym* or hydrotherap* or (warm water adj4 (exercis* or train* or rehab)) or pilates or spinning).ti,ab,kw.	152425
17	(running or Skate* or skating or skiing or nordic walking or Jog* or zumba or Swim* or Bicycl* or cycling or walk* or powerwalk* or rowing or pacing or paced or titreted or soccer or ball game* or (play* adj2 ball) or (weight* adj3 (lift* or train* or exercis*))).ti,ab,kw.	327914
18	(yoga or tai ji or tai chi or qigong or qi-gong).ti,ab,kw.	5767
19	((mckenzie or mechanical or Alexander or William or Feldenkrais) adj2 (technique* or model* or tool* or exercise* or therapy)).ti,ab,kw.	6047
20	4 or 5 or 6 or 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18 or 19	1575400
21	3 and 20	9384
22	limit 21 to ("systematic review" or meta analysis)	418
23	((systematic adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw,sh,pt.	254972
24	(pooled adj1 (data or analys*)).ti,ab.	15754
25	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	142809
26	cochrane.jx.	12521
27	23 or 24 or 25 or 26	330751
28	21 and 27	692
29	22 or 28	731
30	limit 29 to (yr="2005 -Current" and (danish or english or german or norwegian or swedish))	566

Cochrane

ID	Search	Hits
#1	[mh ^"Low back pain"]	2414
#2	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar near/3 pain*)):ti,ab,kw	7023
#3	#1 or #2	7023
#4	MeSH descriptor: [Exercise] explode all trees	16773
#5	MeSH descriptor: [Exercise Therapy] explode all trees	9082
#6	MeSH descriptor: [Sports] explode all trees	11745
#7	MeSH descriptor: [Physical Exertion] explode all trees	3504
#8	MeSH descriptor: [Muscle Strength] explode all trees	3458
#9	MeSH descriptor: [Exercise Movement Techniques] explode all trees	1551
#10	MeSH descriptor: [Physical Education and Training] explode all trees	1496
#11	MeSH descriptor: [Hydrotherapy] explode all trees	1384
#12	MeSH descriptor: [Weight-Bearing] explode all trees	826
#13	MeSH descriptor: [Tai Ji] explode all trees	304
#14	MeSH descriptor: [Yoga] explode all trees	451
#15	(exercis* or train* or strengthen* or ((muscl* or resistance or physical or endurance or strength* or aquatic* or trunk) near/3 (training or exercise* or strength* or fit* or condition* or performance))):ti,ab,kw	89420
#16	(aerobic* or anaerobic* or movement therapy or waterygym* or water gym* or aquagym or gym* or hydrotherap* or pilates or spinning):ti,ab,kw	12825
#17	(running or skating or skiing or nordic walking or Jog* or zumba or Swim* or Bicycl* or cycling or walk* or powerwalk* or rowing or pacing or paced or titreted or soccer or ball game* or (play* near/2 ball) or (weight* near/3 (lift* or train* or exercis*)):ti,ab,kw	26068
#18	((mckenzie or mechanical or Alexander or William or Feldenkrais) near/2 (technique* or model* or tool* or exercise* or therapy)):ti,ab,kw	322
#19	#4 or #5 or #6 or #7 or #8 or #9 or #10 or #11 or #12 or #13 or #14 or #15 or #16 or #17 or #18	106069
#20	#3 and #19 Publication Year from 2005 to 2016, in Cochrane Reviews (Reviews and Protocols) and Other Reviews	120

Cinahl

#	Query	Limiters/Expanders	Results
S32	S25 AND S30	Limiters - Published Date: 20050101-20151231; Language: Danish, English, German, Norwegian, Swedish	377
S31	S25 AND S30		537
S30	S26 OR S27 OR S28 OR S29		133,998
S29	AB (pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus)		25,827

S28	TX (pooled N1 (data or analys*))		2,630
S27	TX (((systematic or method*) N3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*))		122,228
S26	PT (Systematic Review or Meta Analysis)		40,916
S25	S19 AND S24		3,822
S24	S20 OR S21 OR S22 OR S23		324,362
S23	TX (running or Skate* or skating or skiing or nordic walking or Jog* or zumba or Swim* or Bicycl* or cycling or walk* or powerwalk* or rowing or pacing or paced or titreted or soccer or ball game* or (play* N2 ball) or (weight* N3 (lift* or train* or exercis*)))		88,106
S22	TX (aerobic* or anaerobic* or movement therapy or waterygym* or water gym* or aquagym or gym* or hydrotherap* or (warm water N4 (exercis* or train* or rehab)) or pilates or spinning or yoga or tai ji or tai chi or qigong or qi-gong or ((mckenzie or mechanical or Alexander or William or Feldenkrais) N2 (technique* or model* or tool* or exercise* or therapy)))		21,594
S21	TX (exercis* or train* or strengthen* or ((muscl* or resistance or physical or endurance or strength* or balance or		243,866

	aquatic* or trunk) N3 (train* or exercise* or strength* or fit* or condition* or performance)))		
S20	MH ("Exercise+" OR "Exercise therapy+" OR "Sports+" OR "Physical Exertion+" OR "Muscle strength+" OR "Exercise Movement Techniques+" OR "Physical Education and Training+" OR "Hydrotherapy+" OR "Weight-Bearing" OR "Ta ji+" OR "Yoga+")		100,976
S19	S17 OR S18		12,879
S18	TX (Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar N3 pain*))		12,879
S17	(MH "Low Back Pain+")		10,402

Pedro

Abstract & Title: "Low back pain"
Therapy: fitness training OR strength training
Method: systematic review
Published since: 2005
Match all terms: AND

PICO 7. Bør patienter med nyopståede lænderygmerter tilbydes akupunktur teknikker i tillæg til vanlig behandling?

Søgt 19.12.2015

Medline

Database(s): **Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present**
Search Strategy:

#	Searches	Results
1	exp Low Back Pain/	15933
2	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar adj2 pain*)).ti,ab,kw,sh.	28832
3	1 or 2	28832
4	exp Acupuncture therapy/ or exp Acupuncture/	19610
5	(mox#bustion or acupuncture* or acu-puncture* or needle* or needling or electroacupuncture or electroacupuncture or meridian*).ti,ab,kw,kf,sh.	121544
6	((Trigger adj2 point*) or (auricul adj2 acupuncture) or (warm adj2 acupuncture) or (dry adj (needle* or needling))).ti,ab,kw,sh.	1632
7	4 or 5 or 6	122901
8	3 and 7	1122
9	limit 8 to (systematic reviews or meta analysis)	128
10	((systematic adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw,sh,pt.	186917
11	((pooled adj1 (data or analys*)) or evidence-based).ti,ab,kw.	81180
12	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	116937
13	cochrane.jw.	12511
14	10 or 11 or 12 or 13	304925
15	8 and 14	137
16	9 or 15	164
17	limit 16 to (yr="2005 -Current" and (danish or english or german or norwegian or swedish))	125

Embase

Database(s): **Embase 1974 to 2015 December 18**
Search Strategy:

#	Searches	Results
1	exp Low Back Pain/	40970
2	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar adj2 pain*)).ti,ab,kw,sh.	49008
3	1 or 2	49008
4	exp Acupuncture therapy/ or exp Acupuncture/	37083
5	(mox#bustion or acupuncture* or acu-puncture* or needle* or needling or electroacupuncture or electroacupuncture or meridian*).ti,ab,kw,kf,sh.	186322

6	((Trigger adj2 point*) or (auricul adj2 acupuncture) or (warm adj2 acupuncture) or (dry adj (needle* or needling))).ti,ab,kw,sh.	2622
7	4 or 5 or 6	188804
8	3 and 7	2555
9	limit 8 to ("systematic review" or meta analysis)	169
10	((systematic adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw,sh,pt.	253454
11	((pooled adj1 (data or analys*)) or evidence-based).ti,ab,kw.	109149
12	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	142578
13	cochrane.jx.	12989
14	10 or 11 or 12 or 13	407292
15	8 and 14	329
16	9 or 15	340
17	limit 16 to (yr="2005 -Current" and (danish or english or german or norwegian or swedish))	265

Cochrane

ID	Search	Hits
#1	[mh ^"Low back pain"]	2177
#2	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar near/2 pain*)):ti,ab,kw	6583
#3	#1 or #2	6583
#4	MeSH descriptor: [Acupuncture Therapy] explode all trees	3254
#5	(mox?bustion or acupuncture* or acu-puncture* or needle* or needling or electroacupuncture* or electro-acupuncture* or meridian*):ti,ab,kw	15121
#6	((Trigger near/2 point*) or (auricul near/2 acupuncture) or (warm near/2 acupuncture) or (dry next (needle* or needling))):ti,ab,kw	506
#7	#4 or #5 or #6	15427
#8	#3 and #7 Publication Year from 2005 to 2015, in Cochrane Reviews (Reviews and Protocols) and Other Reviews	24

Cinahl

#	Query	Limiters/Expanders	Results
S11	s3 and s7 and s10	Limiters - Published Date: 20050101-20151231; Language: Danish, English, German, Norwegian, Swedish	64
S10	s8 or s9		126,458
S9	((systematic or method*) N3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly* or (pooled N1 (data or analys*))		120,884
S8	PT (Systematic Review or Meta Analysis)		40,905
S7	s4 or s5 or s6		24,428

S6	((Trigger N2 point*) or (auricul N2 acupuncture) or (warm N2 acupuncture) or (dry N0 (needle* or needling)))	1,317
S5	mox?bustion or acupuncture* or acu-puncture* or needle* or needling or electroacupuncture or electro-acupuncture or meridian*)	23,439
S4	(MH "Acupuncture+")	8,519
S3	s1 or s2	12,467
S2	MH Low Back Pain	10,348
S1	(Low back pain* or lower back pain* or lumbago or low back ache* or lower back ache* or low backache* or lower backache* or (lumbar N2 pain*))	12,467

Pedro

Abstract & Title: "Low back pain"

Therapy: acupuncture

Method: systematic review

Published since: 2005

Match all terms: AND

PICO 8. Bør patienter med nyopståede lænderygmerter tilbydes paracetamol i tillæg til vanlig behandling?

Søgt 18.12.2015

Medline

Database(s): **Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R)** 1946 to Present

Search Strategy:

#	Searches	Results
1	((back adj2 pain*) or (neck adj2 pain*) or (spinal adj2 pain*) or dorsalgia or ((Musculoskeletal or muscl* or muscular) adj2 Pain*) or back ache or backache or lumbago or (lumbar adj2 pain*)).ti,ab,kw,sh.	61172
2	exp Back Pain/ or exp Neck pain/ or Musculoskeletal Pain/	36886
3	1 or 2	73564
4	exp Acetaminophen/	15242
5	(Paracetamol or Acetaminophen).ti,ab,kw.	22500
6	(over-the-counter or over the counter or nonprescripti* or non-prescripti* or non prescripti*).ti,ab,kw.	8239
7	4 or 5 or 6	22500
8	3 and 7	483
9	limit 8 to (systematic reviews or meta analysis)	46
10	((systematic adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw.	186253
11	((pooled adj1 (data or analys*)) or evidence-based).ti,ab,kw.	80993
12	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab,jw.	116964
13	10 or 11 or 12	303934
14	8 and 13	56
15	9 or 14	67
16	limit 15 to (yr="2005 -Current" and (danish or english or german or norwegian or swedish))	52

Embase

Database(s): **Embase** 1974 to 2015 December 17

Search Strategy:

#	Searches	Results
1	((back adj2 pain*) or (neck adj2 pain*) or (spinal adj2 pain*) or dorsalgia or ((Musculoskeletal or muscl* or muscular) adj2 Pain*) or back ache or backache or lumbago or (lumbar adj2 pain*)).ti,ab,kw,sh.	113803
2	exp Backache/ or exp Neck pain/ or Musculoskeletal Pain/	95233
3	1 or 2	136151
4	exp Paracetamol/	70123
5	(Paracetamol or Acetaminophen).mp.	74574
6	4 or 5	74574
7	3 and 6	3943
8	limit 7 to ("systematic review" or meta analysis)	176

9 ((systematic adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw,sh,pt.	253420
10 ((pooled adj1 (data or analys*)) or evidence-based).ti,ab,kw.	109135
11 (pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab,jw.	144603
12 9 or 10 or 11	407239
13 7 and 12	379
14 8 or 13	393
15 limit 14 to (yr="2005 -Current" and (danish or english or german or norwegian or swedish))	321

Cochrane Library

ID	Search	Hits
#1	MeSH descriptor: [Back Pain] explode all trees	3022
#2	MeSH descriptor: [Neck Pain] explode all trees	617
#3	MeSH descriptor: [Musculoskeletal Pain] explode all trees	128
#4	((back near/2 pain* or (neck near/2 pain*) or (spinal near/2 pain*) or dorsalgia or ((Musculoskeletal or muscl* or muscular) near/2 Pain*) or back ache or backache or lumbago or (lumbar near/2 pain)):ti,ab,kw	11946
#5	#1 or #2 or #3 or #4	11965
#6	MeSH descriptor: [Acetaminophen] explode all trees	1869
#7	(Paracetamol or Acetaminophen):ti,ab,kw	5567
#8	#6 or #7	5567
#9	#5 and #8	354
#10	#9 Publication Year from 2005 to 2015, in Cochrane Reviews (Reviews and Protocols) and Other Reviews	9

Cinahl

#	Query	Limiters/Expanders	Results
S12	s3 and s6 and s10	Limiters - Published Date: 20050101-20151231	20
S11	s3 and s6 and s10		24
S10	S7 OR S8 OR S9		126,401
S9	(pooled N1 (data or analys*))		2,491
S8	((systematic or method*) N3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*		119,583
S7	PT (Systematic Review or Meta Analysis)		40,905
S6	s4 or s5		3,634
S5	Paracetamol or Acetaminophen		3,634
S4	MH "Acetaminophen+"		2,792
S3	s1 or s2		27,216

S2	MH ("Back Pain+" or "Neck pain+" or "Musculoskeletal Pain")	19,211
S1	((back N2 pain*) or (neck N2 pain*) or (spinal N2 pain*) or dorsalgia or ((Musculoskeletal or muscl* or muscular) N2 Pain*) or back ache or backache or lumbago or (lumbar N2 pain*))	27,178

Pedro

Abstract & Title: ("Back pain" OR "Musculoskeletal Pain") AND (paracetamol OR acetaminophen)

Method: systematic review

Published since: 2005

PICO 9. Bør patienter med nyopståede lænderygmerter tilbydes opioider i tillæg til vanlig behandling?

Søgt 05.02.2016

Medline

Database(s): **Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R)** 1946 to Present

Search Strategy:

#	Searches	Results
1	((back adj2 pain*) or (neck adj2 pain*) or (spinal adj2 pain*) or dorsalgia or ((Musculoskeletal or muscl* or muscular) adj2 Pain*) or back ache or backache or lumbago or (lumbar adj2 pain*)).ti,ab,kw,sh.	60655
2	exp Back Pain/ or exp Neck pain/ or Musculoskeletal Pain/	36657
3	1 or 2	73026
4	Analgesics, Opioid/	31138
5	(opioid* or opiat* or analgesic* or alfentanil or alphaprodine or buprenorphine or buprenorphine or naloxone or butorphanol or dextromoramide or dextropropoxyphene or dihydromorphine or diphenoxylate or "enkephalin, ala(2)-mephe(4)-gly(5)-" or "enkephalin, d-penicillamine (2,5)-" or ethylketocyclazocine or ethylmorphine or etorphine or fentanyl or hydrocodone or hydromorphone or levorphanol or meperidine or meptazinol or methadyl acetate or morphine or nalbuphine or opiate alkaloid* or opium or oxycodone or oxymorphone or pentazocine or phenazocine or phenoperidine or piritramide or promedol or sufentanil or tilidine or tramadol).ti,ab,kw,sh,dn.	217100
6	(tramadol or dolol or adamon or dolatramyl or gemadol or mandolgin or tradolan or nobligan or tadol or morphin or dextromethorfan or noscapin or alfentanil or fentanyl or hydromorphon or ketobemidon or nicomorphin or oxycordon or pethidin or remifentanil or sufentanil or tapentadol or buprenorphin or nalbupin or contalgin or depolan or doltard or malfin or morfin or oramorph or rapifen or abstral or actiq or durogesic or effentora or fentanyl or haldid or instanyl or lafene or matrifin or recivit or jurnista or palladon or ketogan or vilan or metadon or oxycordone or oxycordonhydroclorid or oxycontin or oxydorine or oxynorm or reltebon or targin or ultiva or sufenta or narcotics).ti,ab,kw,sh,dn.	46330
7	4 or 5 or 6	225536
8	3 and 7	4983
9	limit 8 to (systematic reviews or meta analysis)	312
10	((systematic adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw.	163542
11	((pooled adj1 (data or analys*)) or evidence-based).ti,ab,kw.	79055
12	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab,jw.	115294
13	10 or 11 or 12	285400
14	8 and 13	346
15	9 or 14	416
16	limit 15 to (yr="2005 -Current" and (danish or english or german or norwegian or swedish))	329

Embase

Database(s): **Embase** 1974 to 2016 February 04

Search Strategy:

#	Searches	Results
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1	((back adj2 pain*) or (neck adj2 pain*) or (spinal adj2 pain*) or dorsalgia or ((Musculoskeletal or muscl* or muscular) adj2 Pain*) or back ache or backache or lumbago or (lumbar adj2 pain*)).ti,ab,kw,sh.	114857
2	exp Back Pain/ or exp Neck pain/ or Musculoskeletal Pain/	96093
3	1 or 2	137315
4	Analgesics, Opioid/ or Opiate agent/	15017
5	(opiod* or opiat* or analgesic* or alfentanil or alphaprodine or buprenorphine or buprenorphine or naloxone or butorphanol or dextromoramide or dextropropoxyphene or dihydromorphine or diphenoxylate or "enkephalin, ala(2)-mephe(4)-gly(5)-" or "enkephalin, d-penicillamine (2,5)-" or ethylketocyclazocine or ethylmorphine or etorphine or fentanyl or hydrocodone or hydromorphone or levorphanol or meperidine or meptazinol or methadyl acetate or morphine or nalbuphine or opiate alkaloid* or opium or oxycodone or oxymorphone or pentazocine or phenazocine or phenoperidine or pirinitramide or promedol or sufentanil or tilidine or tramadol).ti,ab,kw,sh,dn.	363990
6	(tramadol or dolol or adamon or dolatramyl or gemadol or mandolgin or tradolan or nobligan or tadol or morphin or dextromethorfan or noscapin or alfentanil or fentanyl or hydromorphon or ketobemidon or nicomorphin or oxycordon or pethidin or remifentanil or sufentanil or tapentadol or buprenorphin or nalbupin or contalgin or depolan or doltard or malfin or morfin or oramorph or rapifen or abstral or actiq or durogesic or effentora or fentanyl or haldid or instanyl or lafene or matrifen or recivit or jurnista or palladon or ketogan or vilan or metadon or oxycordone or oxycordonhydroclorid or oxycontin or oxydorine or oxynorm or reltebon or targin or ultiva or sufenta or narcotics).ti,ab,kw,sh,dn.	85910
7	4 or 5 or 6	375672
8	3 and 7	14786
9	limit 8 to ("systematic review" or meta analysis)	525
10	((systematic adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw.	211352
11	((pooled adj1 (data or analys*)) or evidence-based).ti,ab,kw.	109321
12	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab.	143084
13	cochrane.jx.	12521
14	10 or 11 or 12 or 13	371372
15	8 and 14	1005
16	9 or 15	1132
17	limit 16 to (yr="2005 -Current" and (danish or english or german or norwegian or swedish))	929

Cochrane

ID	Search	Hits
#1	MeSH descriptor: [Back Pain] explode all trees	3314
#2	MeSH descriptor: [Neck Pain] explode all trees	718
#3	MeSH descriptor: [Musculoskeletal Pain] explode all trees	262
#4	((back near/2 pain*) or (neck near/2 pain*) or (spinal near/2 pain*) or dorsalgia or ((Musculoskeletal or muscl* or muscular) near/2 Pain*) or back ache or backache or lumbago or (lumbar near/2 pain)).ti,ab,kw	12423
#5	#1 or #2 or #3 or #4	12493
#6	MeSH descriptor: [Analgesics, Opioid] explode all trees	5738
#7	(opiod* or opiat* or analgesic* or alfentanil or alphaprodine or buprenorphine or buprenorphine or naloxone or butorphanol or dextromoramide or dextropropoxyphene or dihydromorphine or diphenoxylate or "enkephalin, ala(2)-mephe(4)-gly(5)-" or "enkephalin, d-penicillamine (2,5)-" or ethylketocyclazocine or ethylmorphine or etorphine or fentanyl or hydrocodone or hydromorphone or levorphanol or meperidine or meptazinol or methadyl acetate or morphine or nalbuphine or opiate	

#8	alkaloid* or opium or oxycodone or oxymorphone or pentazocine or phenazocine or phenoperidine or piritramide or promedol or sufentanil or tilidine or tramadol):ti,ab,kw (tramadol or dolol or adamon or dolatramyl or gemadol or mandolgin or tradolan or nobligan or tadol or morphin or dextromethorfan or noscapin or alfentanil or fentanyl or hydromorphon or ketobemidon or nicomorphin or oxycordon or pethidin or remifentanil or sufentanil or tapentadol or buprenorphin or nalbupin or contalgin or depolan or doltard or malfin or morfin or oramorph or rapifen or abstral or actiq or durogesic or effentora or fentanyl or haldid or instanyl or lafene or matrifen or recivit or journista or palladon or ketogan or vilan or metadon or oxycordone or oxycordonhydroclorid or oxycontin or oxydorine or oxynorm or reltebon or targin or ultiva or sufenta or narcotics):ti,ab,kw	41559 16267
#9	#6 or #7 or #8	42915
#10	#5 and #9	1738
#11	#10 Publication Year from 2005 to 2015, in Cochrane Reviews (Reviews and Protocols) and Other Reviews	51

PICO 10. Bør patienter med nyopståede lænderygsmarter tilbydes NSAID i tillæg til vanlig behandling?

Søgt 09.02.2016

Medline

Database(s): Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations and Ovid MEDLINE(R) 1946 to Present
Search Strategy:

#	Searches	Results
1	((back adj2 pain*) or (neck adj2 pain*) or (spinal adj2 pain*) or dorsalgia or ((Musculoskeletal or muscl* or muscular) adj2 Pain*) or back ache or backache or lumbago or (lumbar adj2 pain*)).ti,ab,kw,sh.	60683
2	exp Back Pain/ or exp Neck pain/ or Musculoskeletal Pain/	36657
3	1 or 2	73054
4	exp Anti-Inflammatory Agents, Non-Steroidal/	170835
5	(NSAID* or ((antiinflammatory or anti-inflammatory or anti inflammatory) adj3 (drug* or medicine or agent*))).ti,ab,kw.	51333
6	(aceclofenac* or acemetacin* or Acetylsalicylic* or alclofenac* or alminoprofen* or Aspirin* or azapropazone* or Bendazac* or benoxaprofen* or benzydamine* or bufexamac* or bumadizone* or celecoxib* or Clofezone* or dexibuprofen* or dexketoprofen* or diclofenac* or difenpiramide* or droxicam* or etodolac* or Etofenamate* or etoricoxib* or Felbinac* or fenbufen* or fenclofenac* or fenoprofen* or fentiazac* or feprazone* or flufenamic* or flunoxaprofen* or flurbiprofen* or ibuprofen* or ibuproxam* or Indometacin* or indoprofen* or Kebuzone* or ketoprofen* or ketorolac* or lonazolac* or lornoxicam* or lumiracoxib* or meclofenamic* or mefenamic* or meloxicam* or Mofebutazone* or morniflumate* or nabumetone* or naproxen* or Nifenazone* or niflumic* or nimesulide* or orgotein* or oxaceprol* or oxametacin* or oxaprozin* or Oxyphenbutazone* or parecoxib* or Phenazone* or Phenylbutazone* or piroxicam* or pirprofen* or prenazone* or Prinomide* or proglumetacin* or Propyphenazone* or proquazone* or rofecoxib* or Salsalate* or Sulindac* or suprofen* or Suxibuzone* or tenoxicam* or tiaprofenic* or tolfenamic* or Tolmetin* or valdecoxib* or zomepirac* or Clonixin*).ti,ab,dn,kw.	93585
7	(over-the-counter or over the counter or nonprescripti* or non-prescripti* or non prescripti*).ti,ab,kw.	8105
8	4 or 5 or 6 or 7	227589
9	3 and 8	2372
10	limit 9 to (systematic reviews or meta analysis)	176
11	((systematic adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw.	163813
12	((pooled adj1 (data or analys*)) or evidence-based).ti,ab,kw.	79157
13	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab,jw.	115515
14	11 or 12 or 13	285840
15	9 and 14	197
16	10 or 15	231
17	limit 16 to (yr="2005 -Current" and (danish or english or german or norwegian or swedish))	173

Embase

Database(s): **Embase** 1974 to 2016 February 08

Search Strategy:

#	Searches	Results
1	((back adj2 pain*) or (neck adj2 pain*) or (spinal adj2 pain*) or dorsalgia or ((Musculoskeletal or muscl* or muscular) adj2 Pain*) or back ache or backache or lumbago or (lumbar adj2 pain*)).ti,ab,kw,sh.	114936
2	exp Back Pain/ or exp Neck pain/ or Musculoskeletal Pain/	96149
3	1 or 2	137400
4	exp nonsteroid antiinflammatory agent/	481220
5	(NSAID* or ((non-steroid* or nonsteroid*) adj3 (antiinflammatory or anti-inflammatory or anti inflammatory) adj3 (drug* or medicine or agent*))).ti,ab,kw.	55786
6	(aceclofenac* or acemetacin* or Acetylsalicylic* or alclofenac* or alminoprofen* or Aspirin* or azapropazone* or Bendazac* or benoxaprofen* or benzydamine* or bufexamac* or bumadizone* or celecoxib* or Clofezone* or dexibuprofen* or dexketoprofen* or diclofenac* or difenpiramide* or droxicam* or etodolac* or Etofenamate* or etoricoxib* or Felbinac* or fenbufen* or fenclofenac* or fenoprofen* or fentiazac* or feprazone* or flufenamic* or flunoxaprofen* or flurbiprofen* or ibuprofen* or ibuproxam* or Indometacin* or indoprofen* or Kebuzone* or ketoprofen* or ketorolac* or lonazolac* or lornoxicam* or lumiracoxib* or meclofenamic* or mefenamic* or meloxicam* or Mofebutazone* or morniflumate* or nabumetone* or naproxen* or Nifenazone* or niflumic* or nimesulide* or orgotein* or oxaceprol* or oxametacin* or oxaprozin* or Oxyphenbutazone* or parecoxib* or Phenazone* or Phenylbutazone* or piroxicam* or pirprofen* or prenazone* or Prinomide* or proglumetacin* or Propyphenazone* or proquazone* or rofecoxib* or Salsalate* or Sulindac* or suprofen* or Suxibuzone* or tenoxicam* or tiaprofenic* or tolfenamic* or Tolmetin* or valdecoxib* or zomepirac* or Clonixin*).ti,ab,dn,kw.	133963
7	exp non prescription drug/	10381
8	(over-the-counter or over the counter or nonprescripti* or non-prescripti* or non prescripti*).ti,ab,kw.	11415
9	4 or 5 or 6 or 7 or 8	515538
10	3 and 9	11764
11	limit 10 to ("systematic review" or meta analysis)	439
12	((systematic adj3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*).ti,ab,kw.	211723
13	((pooled adj1 (data or analys*)) or evidence-based).ti,ab,kw.	109481
14	(pubmed or medline or embase or cochrane or "web of science" or psycinfo or psychinfo or scopus).ti,ab,jw.	145309
15	12 or 13 or 14	371925
16	10 and 15	808
17	11 or 16	948
18	limit 17 to (yr="2005 -Current" and (danish or english or german or norwegian or swedish))	756

Cochrane

ID	Search	Hits
#1	MeSH descriptor: [Back Pain] explode all trees	3314
#2	MeSH descriptor: [Neck Pain] explode all trees	718
#3	MeSH descriptor: [Musculoskeletal Pain] explode all trees	262

#4	((back near/2 pain*) or (neck near/2 pain*) or (spinal near/2 pain*) or dorsalgia or ((Musculoskeletal or muscl* or muscular) near/2 Pain*) or back ache or backache or lumbago or (lumbar near/2 pain)):ti,ab,kw	12423
#5	#1 or #2 or #3 or #4	12493
#6	MeSH descriptor: [Anti-Inflammatory Agents, Non-Steroidal] explode all trees	6983
#7	(NSAID* or ((antiinflammatory or anti-inflammatory or anti inflammatory) near/3 (drug* or medicine or agent*)):ti,ab,kw	15844
#8	(aceclofenac* or acemetacin* or Acetylsalicylic* or alclofenac* or alminoprofen* or Aspirin* or azapropazone* or Bendazac* or benoxaprofen* or benzydamine* or bufexamac* or bumadizone* or celecoxib* or Clofezone* or dexibuprofen* or dexketoprofen* or diclofenac* or difenpiramide* or droxicam* or etodolac* or Etofenamate* or etoricoxib* or Felbinac* or fenbufen* or fenclofenac* or fenoprofen* or fentiazac* or feprazone* or flufenamic* or flunoxaprofen* or flurbiprofen* or ibuprofen* or ibuproxam* or Indometacin* or indoprofen* or Kebuzone* or ketoprofen* or ketorolac* or lonazolac* or lornoxicam* or lumiracoxib* or meclofenamic* or mefenamic* or meloxicam* or Mofebutazone* or morniflumate* or nabumetone* or naproxen* or Nifenazone* or niflumic* or nimesulide* or orgotein* or oxaceprol* or oxametacin* or oxaprozin* or Oxyphenbutazone* or parecoxib* or Phenazone* or Phenylbutazone* or piroxicam* or pirprofen* or prenazone* or Prinomide* or proglumetacin* or Propyphenazone* or proquazone* or rofecoxib* or Salsalate* or Sulindac* or suprofen* or Suxibuzone* or tenoxicam* or tiaprofenic* or tolfenamic* or Tolmetin* or valdecoxib* or zomepirac* or Clonixin*):ti,ab,kw	25355
#9	(over-the-counter or over the counter or nonprescripti* or non-prescripti* or non prescripti*):ti,ab,kw	2084
#10	#6 or #7 or #8 or #9	36414
#11	#5 and #10	1140
#12	#11 Publication Year from 2005 to 2015, in Cochrane Reviews (Reviews and Protocols) and Other Reviews	43

Cinahl

#	Query	Limiters/Expanders	Results
S11	s3 and s6 and s10	Limiters - Published Date: 20050101-20160131; Language: Danish, English, German, Norwegian, Swedish	109
S10	S7 OR S8 OR S9		150,428
S9	TX ((pooled N1 (data or analys*)) or evidence-based or pubmed or embase or cochrane or cinahl)		133,386
S8	TX ((systematic N3 (review* or overview* or study or studies or search* or approach*)) or meta analy* or meta-analy* or metaanaly*)		60,259
S7	PT (Systematic review or meta analysis)		40,921
S6	s4 or s5		29,164
S5	TX (NSAID* or over-the-counter or over the counter or nonprescripti* or non-prescripti* or non prescripti* or aceclofenac* or acemetacin* or Acetylsalicylic* or alclofenac* or alminoprofen* or Aspirin* or azapropazone* or Bendazac* or benoxaprofen* or benzydamine* or bufexamac* or bumadizone* or celecoxib* or Clofezone* or dexibuprofen* or dexketoprofen* or diclofenac* or		27,591

	difenpiramide* or droxicam* or etodolac* or Etofenamate* or etoricoxib* or Felbinac* or fenbufen* or fenclofenac* or fenoprofen* or fentiazac* or feprazone* or flufenamic* or flunoxaprofen* or flurbiprofen* or ibuprofen* or ibuproxam* or Indometacin* or indoprofen* or Kebuzone* or ketoprofen* or ketorolac* or lonazolac* or lornoxicam* or lumiracoxib* or meclofenamic* or mefenamic* or meloxicam* or Mofebutazone* or morniflumate* or nabumetone* or naproxen* or Nifenazone* or niflumic* or nimesulide* or orgotein* or oxaceprol* or oxametacin* or oxaprozin* or Oxyphenbutazone* or parecoxib* or Phenazone* or Phenylbutazone* or piroxicam* or pirprofen* or prenazone* or Prinomide* or proglumetacin* or Propyphenazone* or proquazone* or rofecoxib* or Salsalate* or Sulindac* or suprofen* or Suxibuzone* or tenoxicam* or tiaprofenic* or tolfenamic* or Tolmetin* or valdecoxib* or zomepirac* or Clonixin* or ((antiinflammatory or anti-inflammatory or anti inflammatory) N3 (drug* or medicine or agent*)))		
S4	(MH "Antiinflammatory Agents, Non-Steroidal+")		17,014
S3	s1 or s2		28,069
S2	MH ("Back Pain+" or "Neck pain+" or "Musculoskeletal Pain")		19,303
S1	((back N3 pain*) or (neck N3 pain*) or (spinal N3 pain*) or dorsalgia or ((Musculoskeletal or muscl* or muscular) N3 Pain*) or back ache or backache or lumbago or (lumbar N3 pain*))		28,034

Pedro

Abstract & Title: "Low back pain"

Body part: lumbar spine, sacroiliac or pelvis

Method: systematic review

Published since: 2005

Match all terms: AND