

# NKR 05 Skulder\_Subakromial dekompressions kirurgi vs. ingen behandling eller træning for subakromialt smertesyndrom

## Protocol information

### Authors

Sundhedsstyrelsen<sup>1</sup>

<sup>1</sup>[Empty affiliation]

Citation example: S. NKR 05 Skulder\_Subakromial dekompressions kirurgi vs. ingen behandling eller træning for subakromialt smertesyndrom [Protocol]. Cochrane Database of Systematic Reviews [Year], Issue [Issue].

## Data and analyses

### 1 subakromial dekompressions kirurgi vs. ingen behandling

Outcome or Subgroup	Studies	Participants	Statistical Method	Effect Estimate
1.1 Frossen skulder (frozen shoulder)	2	331	Risk Ratio (M-H, Fixed, 95% CI)	1.69 [0.41, 6.91]
1.2 Livskvalitet (quality of life), 6 måneders follow-up	2	292	Std. Mean Difference (IV, Random, 95% CI)	-0.05 [-0.27, 0.18]
1.3 Livskvalitet (quality of life) 1 års follow-up	2	285	Std. Mean Difference (IV, Random, 95% CI)	-0.09 [-0.39, 0.21]
1.4 Alvorlige bivirkninger (serious adverse events)	2	331	Risk Difference (M-H, Fixed, 95% CI)	0.00 [-0.02, 0.02]

### 2 subakromial dekompression surgery vs. exercise

Outcome or Subgroup	Studies	Participants	Statistical Method	Effect Estimate
2.1 Frossen skulder (frozen shoulder)	1	130	Risk Ratio (M-H, Fixed, 95% CI)	1.81 [0.31, 10.45]
2.2 Patientoplevelt effekt (patient perceived effect) 6 måneders follow-up	1	122	Risk Ratio (M-H, Fixed, 95% CI)	1.25 [0.90, 1.76]
2.3 Patientoplevelt effekt (patient perceived effect) 12 måneders follow-up	1	119	Risk Ratio (M-H, Fixed, 95% CI)	1.19 [0.92, 1.56]
2.4 Livskvalitet (quality of life) 6 måneders follow-up	1	119	Mean Difference (IV, Fixed, 95% CI)	Not estimable
2.5 Livskvalitet (quality of life) 1 års follow-up	1	116	Mean Difference (IV, Fixed, 95% CI)	Not estimable

2.6 Helbredsrelateret livskvalitet (Health-related quality of life)	1	Mean Difference (IV, Fixed, 95% CI)	Subtotals only
2.6.2 6 months	1	0.02 [0.01, 0.03]	
2.6.3 1 year	1	0.01 [-0.01, 0.03]	
2.7 Funktion (function) 6 måneders follow-up	4	3.66 [-2.25, 9.58]	
2.8 Funktion (function) 1 års follow-up	3	3.24 [-8.08, 14.55]	
2.9 Smerter (pain) 6 måneders follow-up	4	-0.56 [-1.09, -0.02]	
2.10 Smerter (pain) 1 års follow-up	3	-1.01 [-1.60, -0.42]	
2.11 Alvorlige bivirkninger (serious adverse events)	4	0.00 [-0.01, 0.01]	

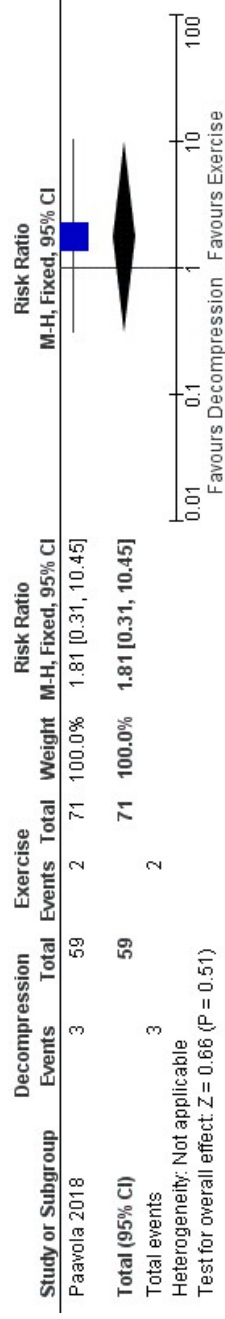
Figures

Figure 1 (Analysis 1.1)



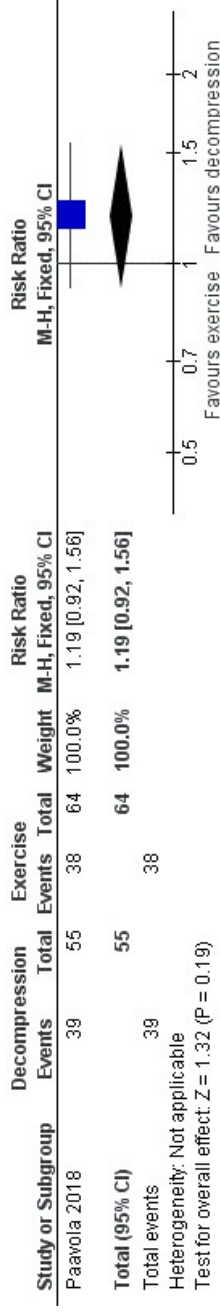
Forest plot of comparison: 1 subacromial dekompressions kirurgi vs. ingen behandling, outcome: 1.1 Frossen skulder (frozen shoulder).

Figure 2 (Analysis 2.1)



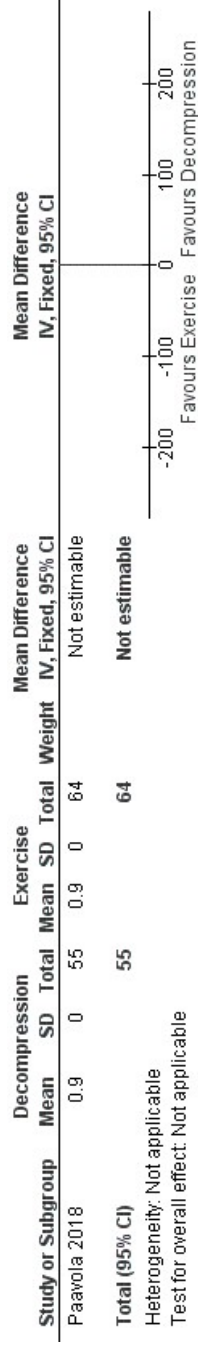
Forest plot of comparison: 2 subacromial dekompression surgery vs. exercise, outcome: 2.1 Frossen skulder (frozen shoulder).

**Figure 3 (Analysis 2.3)**



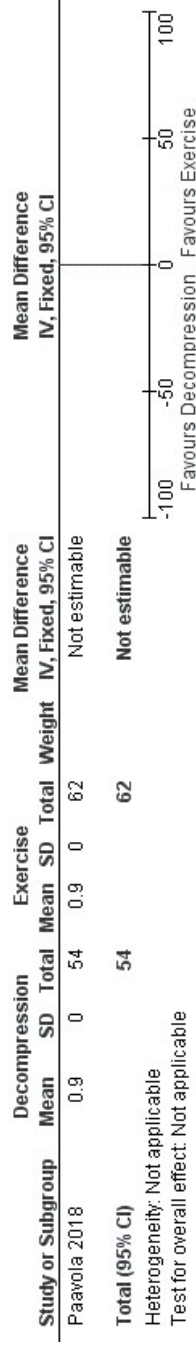
Forest plot of comparison: 2 subacromial decompression surgery vs. exercise, outcome: 2.3 Patientoplevelt effekt (patient perceived effect) 12 måneders follow-up.

**Figure 4 (Analysis 2.4)**



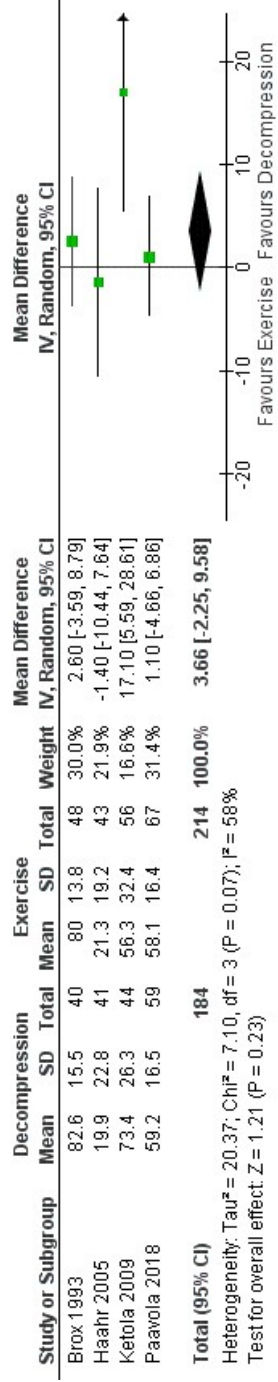
Forest plot of comparison: 2 subacromial decompression surgery vs. exercise, outcome: 2.4 Livskvalitet (quality of life) 6 måneders follow-up.

**Figure 5 (Analysis 2.5)**



Forest plot of comparison: 2 subacromial decompression surgery vs. exercise, outcome: 2.5 Livskvalitet (quality of life) 1 års follow-up.

**Figure 6 (Analysis 2.7)**



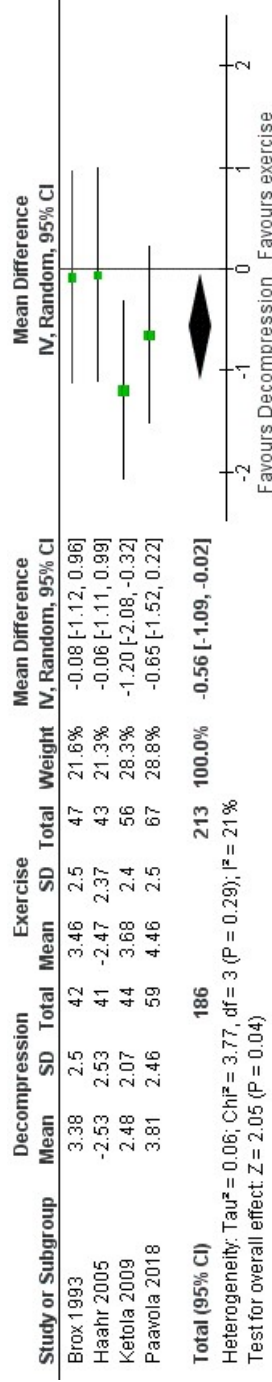
Forest plot of comparison: 2 subacromial decompression surgery vs. exercise, outcome: 2.7 Funktion (function) 6 måneders follow-up.

**Figure 7 (Analysis 2.8)**



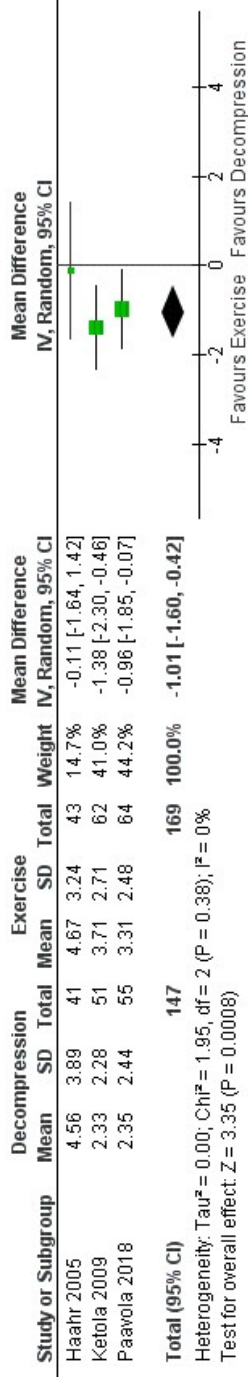
Forest plot of comparison: 2 subacromial decompression surgery vs. exercise, outcome: 2.8 Funktion (function) 1 års follow-up.

**Figure 8 (Analysis 2.9)**



Forest plot of comparison: 2 subacromial decompression surgery vs. exercise, outcome: 2.9 Smertes (pain) 6 måneders follow-up.

**Figure 9 (Analysis 2.10)**



Forest plot of comparison: 2 subacromial decompression surgery vs. exercise, outcome: 2.10 Smerter (pain) 1 års follow-up.