

## Søgeprotokol for Nationale Kliniske Anbefalinger

<b>Projektitel/aspekt</b>	<b>NKA (63) for brug af beroligende lægemidler – søgning på Guidelines</b>
<b>Fagkonsulent / projektleder /metodekonsulent</b>	Kristine Søgård Dahl / Iben Lund Thonesen / Anja Ussing
<b>Søgespecialist</b>	Birgitte Holm Petersen
<b>Senest opdateret</b>	23. maj 2022

<b>Baggrund</b>	<p>Antipsykotiske lægemidler har i flere år været anvendt ved nogle uro- og angsttilstande, og særligt antipsykotiske lægemidler med sederende virkning anvendes i beroligende øjemed og ved søvnproblemer relateret til angst og uro. Ofte er lægemidlerne ikke godkendt til disse formål, og off-label anvendelsen baseres på kliniske erfaringer. Benzodiazepiner har ligeledes været brugt til angst og uro, men der har været fokus på at nedsætte forbruget pga. det afhængighedsskabende potentiale. Omtalen af beroligende lægemidler i dette kommissorium omfatter altså flere lægemiddelgrupper hvor fællestrækket er den sedative og beroligende virkning.</p> <p>Angst og urotilstand defineres i denne sammenhæng som et symptombillede der kan være tilstede ved flere forskellige psykiske lidelser. Symptomerne kan indebære fx psykisk ubehag, andre angstsymptomer, motorisk uro, agitation. Mange psykiatriske lidelser har angst som ledsagesymptom, fx ses det ved depression og psykotiske lidelser. Der menes således ikke angst som selvstændig diagnose.</p>
<b>Søgetermer</b>	<p>Engelske: Anxiety, sedative hypnotics, anxiolytic, sedative, Sedation, depression, Anti-Anxiety Agents, Benzodiazepines          Danske:-          Norske: beroligende midler, sedative          Svenske: anxiolytisk or sedative or lugnande medel</p>
<b>Inklusions- og eksklusionskriterier</b>	<p>Sprog: Engelsk, dansk, norsk og svensk          År: 2016- 23. september 2021          Population: alle          Publikationstyper: guidelines og MTV</p>

## Informationskilder

DATABASER	INTERFACE	FUND	DATO FOR SØGNING
G-I-N International	<a href="http://www.g-i-n.net/">http://www.g-i-n.net/</a>	5	23. September 2021
NICE (UK)	<a href="http://www.nice.org.uk/">http://www.nice.org.uk/</a>	7 (36)	16. September 2021
TRIP - databasen	<a href="https://www.tripdatabase.com/">https://www.tripdatabase.com/</a>	132	23. September 2021
Scottish Intercollegiate Guidelines Network (SIGN)	<a href="http://sign.ac.uk">http://sign.ac.uk</a>	0	22. september 2021
HTA Databasen (CRD database)	<a href="http://www.crd.york.ac.uk/CRDWeb/">http://www.crd.york.ac.uk/CRDWeb/</a>	4	22. september 2021
SBU, Sverige	<a href="http://www.sbu.se">http://www.sbu.se</a>	0	22. september 2021
Socialstyrelsen, Sverige	<a href="http://www.socialstyrelsen.se">http://www.socialstyrelsen.se</a>	1	23. september 2021
Helsedirektoratet, Norge	<a href="https://helsedirektoratet.no/">https://helsedirektoratet.no/</a>		23. september 2021
Folkehelseinstituttet FHI, Norge	<a href="http://www.fhi.no/">http://www.fhi.no/</a>		23. september 2021
CADTH, Canada	<a href="https://www.cadth.ca">https://www.cadth.ca</a>	10	23. september 2021
Center for Kliniske Retningslinjer (CFKR)	<a href="https://cfkr.dk">https://cfkr.dk</a>	0	23. september 2021
Medline	OVID	279	23. september 2021
Embase	OVID	487	23. september 2021
Cinahl	EBSCO	299	23. september 2021
PsycInfo	OVID	300	23. september 2021

### Note:

- Guidelines fra firmaet Hayes er fra valgt for denne NKR
- Søgetermer og inklusions- og eksklusionskriterier er tilpasset de enkelte databaser.
- Dubletter er så vidt muligt frasorteret ved hjælp af RefWorks. De fundne referencer overføres til fagkonsulenten i Covidence.
- Fuldtekster præsenteres i Covidence i pdf-format eller som link
- Søgestrategi for hver enkelt database præsenteres – hvis muligt vises det eksplicit hvor mange referencer den enkelte søgestreng genererer

Covidence = webbaseret referencesystem

## Søgestrategi

**GIN (230921)**

**Sedative = 1**

**Anxiety = 1**

[Management of Chronic Insomnia Disorder in Adults: A Clinical Practice Guideline From the American College of Physicians](#)

**Publication Year:** 2016

**Authors:** ACP (US)

### **MeSH Terms:**

Sleep Initiation and Maintenance Disorders (F03.870.400.800.800); Sleep-Wake Transition Disorders (C10.886.659.700); Sleep-Wake Transition Disorders (F03.870.664.700); Doxepin (D02.355.291.852.500); Doxepin (D03.494.382.393); Drug Therapy (E02.319); Cognitive Therapy (F04.754.137.428); Behavior Therapy (F04.754.137); Relaxation Therapy (E02.190.525.875); Relaxation Therapy (F04.754.137.750); Psychotherapy (F04.754); Complementary Therapies (E02.190); Acupuncture (H02.004); Drugs; Chinese Herbal (D26.335); Drugs; Chinese Herbal (D20.215.784.500.350); Hypnotics and Sedatives (D27.505.954.427.210.350); Hypnotics and Sedatives (D27.505.696.277.350); Hypnotics and Sedatives (D27.505.696.410); Benzodiazepines (D03.438.079.080); Insomnia; Fatal Familial (C10.228.228.800.392); Insomnia; Fatal Familial (C10.886.425.800.800.400); Insomnia; Fatal Familial (C10.574.843.512); Sleep Disorders (C10.886); Sleep Disorders (C23.888.592.796); Sleep Disorders (F03.870); Sleep Initiation and Maintenance Disorders (C10.886.425.800.800)

**Publication Scope:** management

**Countries of Application:** United States

**Guideline Publication Status :** Published

**Languages :** English

**Date for Review:** 3/5/21

**Guideline Contact:** Amir Qaseem (aqaseem@acponline.org)

[Generalised anxiety disorder and panic disorder in adults: management \(CG113\)](#)

[Social anxiety disorder: recognition, assessment and treatment \(CG159\)](#)



[Prävention, Diagnostik und Therapie von Angststörungen des Kindes- und Jugendalters. S2e-LL \(DGKJP\)](#)

**English Title Translation:** Prevention, diagnosis and therapy of anxiety disorders in childhood and adolescence

**Authors:** AWMF (DE)

**MeSH Terms:**

Anxiety Disorders (F03.080); Anxiety (F01.470.132)

**Publication Scope:** management

**Countries of Application:** Germany

**Guideline Publication Status :** Development

**Languages :** German

**Guideline Contact:** Ina Kopp (kopp@awmf.org)

**Expected Publication Date:** 30/11/2022

[Behandlung von Angststörungen. S3-LL \(DGPM\)](#)

**Publication Year:** 2021

**Keywords:** Angststörungen, Panikstörung, Agoraphobie, generalisierte Angststörung, soziale Phobie, Risikofaktoren, Diagnostik, Therapie, Behandlungsmöglichkeiten, Selbsthilfe, Verlauf, Prognose

**English Title Translation:** Treating anxiety disorders

**Authors:** AWMF (DE)

**MeSH Terms:**

Anxiety Disorders (F03.080); Anxiety (F01.470.132)

**Publication Scope:** assessment, management

**Countries of Application:** Germany

**Guideline Publication Status :** Published

**Languages :** German



Date for Review: 05/04/2026

Guideline Contact: Ina Kopp (imwi@awmf.org)

Publication Date: 16/06/2021

## NICE UK (160921)

Søgt på sedative\* or Sedation\* or anxiety or depression and guidelines (36 hits) 7 fund

### 1. [Bipolar disorder: assessment and management \(CG185\)](#)

This guideline covers recognising, assessing and treating bipolar disorder (formerly known as manic depression) in children, young people and adults. The recommendations apply to bipolar I, bipolar II, mixed affective and rapid cycling disorders. It aims to improve access to treatment and quality of life in people with bipolar disorder.

Type

Clinical guideline

Last updated

11 February 2020

[View recommendations for CG185](#)

[Show all sections for CG185](#)

### 2. [Alcohol-use disorders: diagnosis, assessment and management of harmful drinking \(high-risk drinking\) and alcohol dependence \(CG115\)](#)

This guideline covers identifying, assessing and managing alcohol-use disorders (harmful drinking and alcohol dependence) in adults and young people aged 10–17 years. It aims to reduce harms (such as liver disease, heart problems, depression and anxiety) from alcohol by improving assessment and setting goals for reducing alcohol consumption.



Type

Clinical guideline

Published

23 February 2011

[View recommendations for CG115](#)

[Show all sections for CG115](#)

3. [Psychosis and schizophrenia in adults: prevention and management \(CG178\)](#)

This guideline covers recognising and managing psychosis and schizophrenia in adults. It aims to improve care through early recognition and treatment, and by focusing on long-term recovery. It also recommends checking for coexisting health problems and providing support for family members and carers.

Type

Clinical guideline

Last updated

01 March 2014

[View recommendations for CG178](#)

[Show all sections for CG178](#)

4. [Psychosis and schizophrenia in children and young people: recognition and management \(CG155\)](#)

This guideline covers recognising and managing psychosis and schizophrenia in children and young people. It aims to improve early recognition of psychosis and schizophrenia so that children and young people can be offered the treatment and care they need to live with the condition.

Type

Clinical guideline

Last updated



26 October 2016

[View recommendations for CG155](#)

[Show all sections for CG155](#)

## 5. Generalised anxiety disorder and panic disorder in adults: management

Clinical guideline [CG113] Published: 26 January 2011 Last updated: 26 July 2019

### [6. Social anxiety disorder: recognition, assessment and treatment \(CG159\)](#)

This guideline covers recognising, assessing and treating social anxiety disorder (also known as 'social phobia') in children and young people (from school age to 17 years) and adults (aged 18 years and older). It aims to improve symptoms, educational, occupational and social functioning, and quality of life in people with social anxiety disorder.

Type

Clinical guideline

Published

22 May 2013

[View recommendations](#)

### 7. CG90 - Depression in adults (update)

## Depression in adults: treatment and management (update)

In development [GID-CGWAVE0725] Expected publication date: 12 May 2022

**TRIP** (230921)

Søgt på : sedative\* or sedative hypnotics or anxiolytic\* = 132 fund

Referencerne overført til Covidence

### **HTA database** (2209219)

Search History: "Hypnotics and Sedatives"[mh] or (sedative\* OR anxiolytic\* or (Hypnotics and Sedatives)) Og også søgt på insomnia disorder\* = 4 fund

Referencerne overført til Covidence

### **Socialstyrelsen, Sverige** (220921)

Søgt på : anxiolytisk or sedative or lugnande medel (behandling med lugnande medel) og i Nationella riktlinier = 1 fund

## **Nationella riktlinjer för vård vid depression och ångestsyndrom**

Med opdaterieng

<https://www.socialstyrelsen.se/regler-och-riktlinjer/nationella-riktlinjer/riktlinjer-och-utvarderingar/depression-och-angest/>

### **FHI, Norge** (230921)

Søgt på: beroligende midler or sedative = 5 fund

1.

## **Lindrende behandling og omsorg i sykehjem og eget hjem: oversikt over systematiske oversikter**

Dette oppdraget består av en oversikt over systematiske oversikter som har sett på effekten av lindrende behandling og omsorg i sykehjem og eget hjem.

### **SYSTEMATISK OVERSIKT**

Publisert 17.09.2021





2.

## Effekt av antipsykotika ved behandling uten pasientens samtykke sammenlignet med frivillig behandling

Formålet med denne systematiske oversikten var å oppsummere forskning om effekt av anti-psykotika ved tvangsbehandling sammenlignet med frivillig behandling med antipsykotika hos personer over 16 år

### SYSTEMATISK OVERSIKT

Publisert 19.04.2021



3.

## Langtidsbehandling med antipsykotika hos personer med schizofrenispektrumlidelser: en systematisk oversikt



Dette er en systematisk oversikt som forsøker å svare på spørsmålet: Hva er effekter og bivirkninger av å bruke antipsykotika i to år eller lengre hos pasienter med schizofrenispektrumlidelser?

## SYSTEMATISK OVERSIKT

Publisert 31.08.2018



4.

## Effekten av samtidig forskrivning av benzodiazepiner for personer i legemiddelassistert rehabilitering

Målet med denne systematiske oversikten er å oppsummere effekten av å forskrive benzodiazepiner til pasienter som mottar legemiddelassistert rehabilitering.

## SYSTEMATISK OVERSIKT

Publisert 22.12.2016 Oppdatert 23.12.2016



5.

## Langtidsbehandling med antidepressiver - forskningskart

Folkehelseinstituttet har kartlagt hva som finnes av forskning om langtidsbehandling med antidepressiver.

### FORSKNINGSKARTLEGGING

Publisert 26.05.2020



**Helsedirektoratet, Norge (230921)**

Søge term: Nasjonale retningslinjer =

1.

Bipolare lidinger – Nasjonal faglig retningslinje for utgreiing og behandling

[PDF](#)



2.

Utredning, behandling og oppfølging av personer med psykoselidelser – Nasjonal faglig retningslinje (fullversjon)

[PDF](#)

3.

Voksne med depresjon

Nasjonal faglig retningslinje

[PDF](#)

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## CADTH, Canada (230921)

Søgt på Sedatives= 10 fund

1

[Intramuscular versus Intravenous Administration of Analgesics and Sedatives: Comparative Clinical Effectiveness and Guidelines](#) (Last Updated: Mar 3, 2017)

Project Line:

2

[Rapid Sequence Induction Agents for Emergency Intubation: Comparative Clinical Effectiveness and Guidelines](#) (Last Updated: Dec 20, 2018)

Project Line:

3

[Deprescribing Summit](#) (Last Updated: Feb 9, 2018)

Jennifer Boswell, PEI Liaison Officer, and Louis de Léséleuc, Program Development Officer, will be attending the 2018 National Stakeholder Summit on Medication Safety for Older Men and Women in...

Date:

4

[Dexmedetomidine for Sedation in the ICU or PICU: A Review of Cost-Effectiveness and Guidelines](#) (Last Updated: Dec 17, 2014)

Project Line:

5

[Sedation and Anesthesia Options for Diagnostic Procedures: A Review of Clinical Effectiveness and Guidelines](#) (Last Updated: May 8, 2015)

Project Line:

6

[Discontinuation of Benzodiazepines and Other Sedative-Hypnotic Sleep Medication in Hospitalized Patients: Clinical Evidence and Guidelines](#) (Last Updated: Sep 25, 2015)

Project Line:

7



**Antipsychotic Drugs or Benzodiazepines for Rapid Tranquilization in Mental Health Facilities or Emergency Department Settings** (Last Updated: Aug 5, 2021)

Project Line:

8

**Short-Acting Sedative Agents During Endoscopic Retrograde Cholangiopancreatography: A Review of Clinical Effectiveness and Guidelines** (Last Updated: Aug 17, 2020)

Project Line:

9

**Current Practice Analysis: Interventions for Insomnia Disorder (Optimal Use Project, June 2017)** (Last Updated: Jun 23, 2017)

Introduction CADTH studied the use of interventions to treat insomnia disorder (acute and chronic) in Canadian primary care practice. The study investigated current practices and trends in drug and...

Project Line:

10

**Tamper-Resistant Formulations of Opioids** (Last Updated: Mar 31, 2017)

Summary The evidence on tamper-resistance formulations of opioids is still evolving, and policies, guidelines, and best practices could change in the future as new evidence emerges. Both Health Canada...

Project Line:

**Medline (230921)**

Database(s): **Ovid MEDLINE(R) and Epub Ahead of Print, In-Process, In-Data-Review & Other Non-Indexed Citations, Daily and Versions(R)** 1946 to September 22, 2021

Search Strategy:

#	Searches	Results
1	"Hypnotics and Sedatives"/ or sedative*.mp.	44454
2	Anti-Anxiety Agents/ or anxiolytic*.mp.	28747
3	Benzodiazepines/ or benzodiazepine*.mp.	47317
4	1 or 2 or 3	102630
5	(Guideline* or practice guideline* or clinical guideline* or guidance or hta or health technology Assessment* or consensus or recommendations).ti, bt, kf, pt.	196729
6	(Guideline or Practice guideline).pt.	36224
7	Guidelines as topic/	41543
8	5 or 6 or 7	226667
9	4 and 8	961
10	limit 9 to (guideline or practice guideline)	224
11	9 or 10	961
12	limit 11 to yr="2016 - 2021"	309
13	limit 16 to (danish or english or norwegian or swedish)	279

## Embase (230921)

Database(s): **Embase** 1996 to 2021 Week 37

Search Strategy:

#	Searches	Results
1	"Hypnotics and Sedatives"/ or sedative*.mp.	36341
2	Anti-Anxiety Agents/ or anxiolytic*.mp.	28516
3	Benzodiazepines/ or benzodiazepine*.mp.	71944
4	1 or 2 or 3	121207
5	(Guideline* or practice guideline* or clinical guideline* or guidance or hta or health technology Assessment* or consensus or recommendations).ti,kw,pt.	204671
6	4 and 5	1711
7	limit 6 to yr="2016 - 2021"	520
8	limit 7 to (danish or english or norwegian or swedish)	487

## Psycinfo (230921)

Database(s): **APA PsycInfo** 1806 to September Week 3 2021

Search Strategy:

#	Searches	Results
1	"Hypnotics and Sedatives"/ or sedative*.mp.	6321
2	Anti-Anxiety Agents/ or anxiolytic*.mp.	8093
3	Benzodiazepines/ or benzodiazepine*.mp.	16714
4	1 or 2 or 3	27613
5	(Guideline* or practice guideline* or treatment guideline* or clinical guideline* or guidance or hta or health technology Assessment* or consensus or recommendations).ti,ab,id.	238363
6	4 and 5	1247
7	limit 6 to yr="2016 - 2021"	359
8	limit 7 to (danish or english or norwegian or swedish)	300



**Cinahl (230921)**

S10	S4 AND S8 Limiters - Published Date: 20160101-20211231	299
S9	S4 AND S8	879
S8	S5 OR S6 OR S7	153,623
S7	PT Practice guidelines or MH Practice Guidelines	91,853
S6	SU (Guideline* or guidance or hta or health technology Assessment* or consensus or recommendations)	98,752
S5	TI (Guideline* or guidance or hta or health technology Assessment* or consensus or recommendations)	82,850
S4	S1 OR S2 OR S3	32,671
S3	(MH "Antianxiety Agents, Benzodiazepine+") OR "benzodiazepine*"	13,655
S2	(MH "Antianxiety Agents+") OR (MH "Antianxiety Agents, Benzodiazepine+") OR "anxiolytic*"	15,047
S1	(MH "Hypnotics and Sedatives+") OR "sedative*"	21,757